



AATA's 57th
Annual Conference

**ROOTED
AND
RISING**

AATA2026 Schedule-at-a-Glance

Updated August 17, 2026

Welcome!

Welcome to the AATA2026 In-Person Conference and the 150+ sessions included in your registration. The full version of the schedule (including speaker information) will be available on the Whova conference app, which you'll have access to in September.

Continuing Education Eligibility

Sessions eligible for Continuing Education credit are identified with a session number beginning with a two-letter program subject track code followed by numbers (listed in parentheses after the session's name). See page 17 for more details.

- **Papers:** 50-minute lecture-style educational sessions that include a slide presentation. **1 CE credit** (91 paper sessions offered at AATA2026)
- **Panels:** 90-minute conversational or discussion-based presentations led by 3 to 5 presenters, **1.5 CE credits** (17 panel sessions)
- **Performance Art:** 50-minute educational session in which presenters share information through performance art modalities, including drama, music, poetry, text, movement, or visual art. **1 CE credit** (3 performance sessions)
- **Video:** 50-minute finished video on topics related to professional issues and/or clinical practice. **1 CE credit** (3 video sessions)

For **Core Program Sessions**, attendees may self-check-in by using the QR code in each session room. (Just point your phone camera to the QR code and a link will appear.) For all **Ticketed Sessions** (including Advanced Practice Courses and workshops), AATA staff or volunteers will be scanning QR codes on your conference badge. If you have issues with the QR code or your phone isn't available, please ask an AATA staff member or volunteer for assistance or visit the registration desk.

Program Subject Tracks

Subject tracks are identified by the following two-letter codes. Find sessions by subject area [here](#).

- | | |
|---|---|
| ▪ Clinical Approaches: Addictions/Substance Abuse (AS), Child/ Adolescents (CA), Forensics (FS), Geriatrics (GE), Medical Settings (MS), Psychiatric Settings (PS), School Settings (SS) | ▪ Education & Supervision (ES) |
| ▪ Contemporary Issues/Current Trends: Activism (AC), Grief/ Mourning (GM), Autism (AU), Ethics (ET), Professional Practice (PP), Trauma (TR) | ▪ Diversity, Equity, and Inclusion (DEI) |
| | ▪ Multicultural Perspectives (MP) |
| | ▪ Research/Evaluation (RE) |
| | ▪ Studio & Community (SC) |
| | ▪ Technology & Innovation (TI) |
| | ▪ Theory & Assessment (TA) |

Master-Level Clinical Supervision Sessions

Master-Level Clinical Supervision Sessions are sessions led by subject matter experts working with specific populations and/or settings to assist art therapy professionals to address clinical questions and concerns and enhance their practices in the field. These sessions are included in conference registration and are CE-eligible. To participate in a particular supervision session, one should either currently be working with or planning to work with the identified population. [Learn more here](#).

Shared Interest Group Meetings

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

Shared Interest Groups (SIGs) are peer-led spaces created for AATA Members to connect based on shared identities, interests, or practice areas—to help cultivate community and belonging within our association. **While AATA Members and non-members are welcome to attend a SIG meeting during AATA2026, please keep in mind that some SIGs are welcoming to everyone—and others are open only to those who personally identify with the collective experience.** AATA Members, please join the SIG conversations happening year-round within the [MyAATA platform](#)! [Learn more here.](#)

AATA2026 Schedule-at-a-Glance

All sessions and events will be held at the Sheraton/Le Meridien Hotel Complex, 555 South McDowell Street, Charlotte, North Carolina, 28204. (See page 17 for a floor map.)

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

Wednesday, October 14

W 7 am – 7:30 pm	Registration and Information Desk <i>Carolina Foyer</i>
W 9 am – 12 pm	Half-Day Advanced Practice Courses Three-hour long postgraduate-level educational sessions with an “experiential” component, including art directives. Worth 3 CE credits. Learn more.
W 9 am – 5 pm	Full-Day Advanced Practice Courses Seven-hour long postgraduate-level educational sessions with an “experiential” component, including art directives. Worth 7 CE credits. Learn more.
W 1 – 4 pm	Half-Day Advanced Practice Courses Three-hour long postgraduate-level educational sessions with an “experiential” component, including art directives. Worth 3 CE credits. Learn more.
W 1 – 4 pm	Art Therapy Educators' Meeting All full- and part-time art therapy educators at all levels are invited: Undergraduate, Master's, and Doctoral levels. <i>Governors 1</i>
W 3 – 5 pm	All Things Accreditation: An ACATE Informational Meeting Directors of accredited and non-accredited programs are encouraged to attend. <i>Mecklenburg 2-3</i>
W 6:30 – 7:30 pm	Newcomer's Session This session helps first-time attendees (and anyone who could use a refresher!) learn some pro-tips to get the most out of your conference experience. Plus, it's a chance to meet AATA leaders and other attendees. Everyone is welcome! <i>Mecklenburg 2-3</i>
W 7:30 – 9:30 pm	Opening Reception (ticketed event) Join conference attendees to celebrate the official opening of the conference. Connect with long-time colleagues and make new friends! Tickets are \$35 during Advanced Registration (purchase before Sept. 24). <i>Symphony Foyer</i>

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

Thursday, October 15: Day 1

T 7 am – 5 pm	Registration and Information Desk <i>Carolina Foyer</i>
T 7:30 – 8:30 am	Networking Breakfast Jump start your day by catching up with other attendees—and enjoying some caffeine! <i>Carolina Foyer</i>
T 8:30 – 10:30 am	MORNING PLENARY Keynote Speaker (TBA) <i>Carolina Ballroom</i>
T 10:15 am – 7 pm	▪ Open Art Studio This is the heart of the conference—your place to process what you’ve learned, meet new people, learn new art techniques, or just make art! <i>Symphony 1, 2, and 4</i> ▪ Exhibit Hall Meet conference sponsors, art supply companies, educational programs, and other exhibitors. <i>Symphony 1, 2, and 4</i>
T 10:30 – 10:45 am	Networking Break <i>Symphony Foyer</i>
T 10:50 am – 12:20 pm	WORKSHOPS Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more. ▪ The Frequency of Space: Impacts of Our Immediate Environment on our Psychology (SC54) – THIS WORKSHOP IS FULL <i>Cardinal 1</i> ▪ When Time Is Limited: An Experiential School-Based Art Therapy Workshop (SS58) – THIS WORKSHOP IS FULL CE credits: NBCC-Approved Counselor CE <i>Cardinal 2</i> ▪ Cultural Humility & Anti-Oppressive Supervision (DEI110) – THIS WORKSHOP IS FULL CE credits: NBCC-Approved Counselor CE <i>Cardinal 3</i>
T 11:00 – 11:50 am	CORE PROGRAM SESSIONS Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit. ▪ [PAPER] Growing up in War: Approaches to Clinical Work with Military and Refugees (MP151) <i>Symphony 5</i> ▪ [PAPER] Ethical Applications of AI in Art Therapy Education, Practice, and Supervision (ET173) <i>Symphony 7</i> ▪ [PAPER] From Gatekeeper to Screening Tool: Trauma Identification in Community Art Therapy Settings (TA239) Additional CE credit eligibility: NBCC-Approved Counselor CE <i>Governors 1-2</i> ▪ [PAPER] Working with Recurrent Dreams and Nightmares in Art Therapy (PP17) <i>Broadway II</i> ▪ [PAPER] Scaffolding to Independence: ETC-Informed Strategies for Reducing Prompt Dependency in Autism (AU42) <i>Carolina A</i>

 Networking Opportunities

 Ticketed Events

 Plenary and Core Sessions

	▪ [PAPER] From Reflection to Resistance: Social Justice Supervision with Art Therapy Student Interns (DEI19) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Carolina C</i>
T 11 – 11:50 am	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Grief
T 11 – 11:50 am	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Art Therapy Journal: For aspiring and seasoned authors, editorial members of <i>Art Therapy: Journal of the American Art Therapy Association</i> will entertain questions about the publication process, alleviate misconceptions, and offer advice to authors. ▪ Art
T 11:15 am - 12:45 pm	CORE PROGRAM SESSIONS <i>Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits.</i> ▪ [PANEL] Pre-Art Therapy Education: Rooted Foundations for Rising Careers (ES128) <i>Mecklenburg 1</i> ▪ [PANEL] The Embodied Art Therapist: Theory and Practice for a New Paradigm (PP11) <i>Mecklenburg 2</i> ▪ [PANEL] The Art Truck's Here!: Art Without Agenda, Mobile Studios, and Community Advocacy (SC204) <i>Mecklenburg 3</i>
T 12 – 12:50 pm	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> ▪ [VIDEO] Arts-based Methodologies (ABM) – Art, Wellbeing and Community (MP147) – 1 CE credit <i>Carolina A</i> ▪ [PAPER] The Metaphor Project: Metaphors as Evidence in Art Therapy (RE84) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Symphony 5</i> ▪ [PAPER] Art Therapy with an African American Female Combat Veteran (RE28) <i>Symphony 6</i> ▪ [PAPER] Making Safety Familiar: Navigating Paradoxical Experiences of East Asian/American Women through Garments (MP88) <i>Symphony 7</i> ▪ [PAPER] Exploring Existential Paradox Through Art Therapy (PP158) <i>Governors 1-2</i> ▪ [PAPER] Art Therapy and Racialized Trauma: A Practical Framework for Clinical Intervention (DEI198) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Governors 3-6</i> ▪ [PAPER] Art Therapy and Color Blindness (TA23) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Carolina C</i> ▪ [PAPER] From Response to Renewal: Examining Community Arts-Engagement Post-Disaster (SC157) <i>Carolina D-E</i>
T 12 – 12:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ LGBTQIA+

T 12 – 12:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Children and Adolescence
T 12:50 – 2 pm	Break – Lunch on Your Own Head to the hotel's full-service restaurant or step outside and explore the Uptown neighborhood .
T 2 – 2:50 pm	CORE PROGRAM SESSIONS Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit. ▪ [PERFORMANCE] Collaging Art Therapists Identities: (Re)Searching Beyond Method (RE104) – 1 CE credit Carolina A ▪ [PAPER] Art-Based Research, Response, and Recovery After Fire Disaster (RE215) CE credits: NBCC-Approved Counselor CE Symphony 5 ▪ [PAPER] Newcomer Classroom Experiences Through Expressive Therapies Continuum: Perspectives of Adolescents and Adults (DEI14) Symphony 6 ▪ [PAPER] Unpacking Harm's Touch: The Opportunity of What We Witness (ES60) Additional CE credit eligibility: NBCC-Approved Counselor CE Symphony 7 ▪ [PAPER] Shades of Black and White: Ethics in Community Art Programs (ET117) Governors 1-2 ▪ [PAPER] Nothing Grows Alone: Ecological Systems Takeaways on Art Therapy's Development in Singapore (MP146) Governors 3-6 ▪ [PAPER] I Was Able to Gain Insight: Art Therapy for Burn Rehabilitation (MS162) Carolina C ▪ [PAPER] Beyond the Mask: A Studio Approach to Mask Making with Veterans (TR231) Carolina D-E
T 2 – 2:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ School
T 2 – 2:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Substance Abuse
T 2:15 – 3:45 pm	WORKSHOPS Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more . ▪ Listening to Fathers Unheard Voices: Group Parent-Child Art Psychotherapy involving Woodworking (CA43) – WORKSHOP IS FULL Cardinal 1 ▪ Beyond the Snapshot: Exploring Photography as an Expressive Medium in Art Therapy (TI80) – WORKSHOP IS FULL Cardinal 2 ▪ Collage, Self-Esteem, and Identity in the Menopausal Transition (SC132) – WORKSHOP IS FULL Cardinal 3
T 2:15 – 3:45 pm	CORE PROGRAM SESSIONS Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits. ▪ [PANEL] Exploring Embodied Methods for Online and Virtual Reality Art Therapy (TI15) Mecklenburg 1

 Networking Opportunities

 Ticketed Events

 Plenary and Core Sessions

- [PANEL] **Exploring Intersections of Art and Play Therapy for Neurodivergent Children (CA234)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Mecklenburg 2

T 3 – 3:50 pm

CORE PROGRAM SESSIONS

Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.

- [PAPER] **Reporting Quality of Art Therapy Research: A Systematic Review from 2000-2025 (RE63)**
Symphony 5
- [PAPER] **Relational Art Therapy in Carceral Contexts: Practice-Based Research with Expressive Post (FS64)**
Symphony 6
- [PAPER] **Bridging Regulation and Readiness: The Role of Art Therapy in Pediatric Oncology (MS70)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Symphony 7
- [PAPER] **Defining Art Therapy Manualization: Rooting Manualized Art Therapy in Creativity and Individualization (TA100)**
Governors 1-2
- [PAPER] **Autoethnographic Poem Making After Fire Disaster (GM216)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Governors 3-6
- [PAPER] **Mindfulness and Art Therapy (PP6)**
Carolina A
- [PAPER] **Joint Mirror Drawing and Crossdrawing in Art Therapy and Museums (SC181)**
Carolina D-E

T 3 – 3:50 pm

MASTER-LEVEL CLINICAL SUPERVISION SESSION [\(Learn more\)](#)

- Veterans
- Mindful Self-Compassion

T 3 – 3:50 pm

SHARED INTEREST GROUP MEETINGS [\(Learn more\)](#)

- Neurodiversity
- Medical

T 4 – 5:30 pm

WORKSHOPS

Ticketed events with limited seating. All workshops are worth 1.5 CE credits. [Learn more.](#)

- **Exploring Sexuality, Non-Monogamy and A-Typical Relationships (PP50) – WORKSHOP IS FULL**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Cardinal 1
- **Threads of Wellness: Exploring Adlerian Five Life Tasks Through Slow Stitching (SC75) – WORKSHOP IS FULL**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Cardinal 2
- **Therapeutic Containment in Medical Art Therapy (MS59) – WORKSHOP IS FULL**
Cardinal 3

T 4 – 4:50 pm

CORE PROGRAM SESSIONS

Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.

- [PAPER] **Community Artmaking for Ecological Grief: Imagining Climate Futures in Coastal India (SC122)**
Mecklenburg 3

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

AATA Annual Conference: Rooted and Rising | #AATA2026

Schedule updated August 17, 2026 | 6

- [PAPER] **Making the Power of Mandalas Accessible: Creating Mandala Community Gatherings Online (SC139)**
Symphony 5
- [PAPER] **Psychedelic Art Therapy: Theory, Research, and Practice (TA163)**
Symphony 6
- [PAPER] **Addressing Transition-based Stress from Military Out-processing with Short-term Group Art Therapy (DE186)**
Symphony 7
- [PAPER] **Supporting Pathological Demand Avoidance (PDA) in Art Therapy: A Neurodiversity-Affirming Approach (AU229)**
Governors 1-2
- [PAPER] **Addressing Supervisees Wounds: Application of the Trauma Informed Supervision Model (ES56)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Governors 3-6
- [PAPER] **Art Therapy Supporting the Emotional Journey of Fertility Treatment (TR126)**
Carolina A

T 4 – 5:30 pm

CORE PROGRAM SESSIONS

Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits.

- [PANEL] **Trauma Processing as a Heroic Journey: Analysis of Handsewn Story Cloths (TR184)**
Mecklenburg 1
Additional CE credit eligibility: NBCC-Approved Counselor CE
- [PANEL] **BrainPalette™ + FrameShare: Translational Research and Collaboration in Art Therapy (TI190)**
Mecklenburg 2

T 4 – 4:50 pm

SHARED INTEREST GROUP MEETINGS [\(Learn more\)](#)

- Men
- Bilingual/Multilingual Art Therapists

T 4 – 4:50 pm

MASTER-LEVEL CLINICAL SUPERVISION SESSION [\(Learn more\)](#)

- Supervising New Professionals
- Chronic Illness

T 5:15 – 6:30 pm

MENTOR MATCH MEET-UP

This is an informal opportunity for Mentor Match mentees to connect with their mentors.
Location TBD

T 5:30 – 7 pm

Arts & Crafts Marketplace

Conference attendees will be selling their handmade crafts, art, jewelry, and more at the Marketplace. Attendees are welcome to peruse or shop at this evening event (with cash bar) – and be wowed!

Location TBD

AATA Member Author Meet-and-Greet

AATA Member Authors will be on hand to share their latest publications! Meet your favorite authors and get their autograph on a special bookmark, then purchase their book on the online book retailer of your choice.

Location TBD

Friday, October 16: Day 2

F 7 am – 5 pm

Registration and Information Desk

 Networking Opportunities

 Ticketed Events

 Plenary and Core Sessions

AATA Annual Conference: Rooted and Rising | #AATA2026

Schedule updated August 17, 2026 | 7

	<i>Carolina Foyer</i>
F 7 – 7:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) International
F 7:30 – 8:30 am	Networking Breakfast Jump start your day by catching up with other attendees—and enjoying some caffeine! <i>Carolina Foyer</i>
F 8:30 – 10:15 am	Annual Awards Ceremony and Multicultural Exchange Plenary We will begin the day with opening remarks from the AATA2026 Conference Committee Chair Liz Hlavek and AATA President Raquel Farrell-Kirk. Next, let's celebrate with this year's AATA honors, awards, and scholarship winners! Then, join the Multicultural Committee for a plenary conversation. <i>Carolina Ballroom</i>
F 10:15 am – 7 pm	Open Art Studio This is the heart of the conference—your place to process what you've learned, meet new people, learn new art techniques, or just make art! <i>Symphony 1, 2, and 4</i> Exhibit Hall Meet conference sponsors, art supply companies, educational programs, and other exhibitors. <i>Symphony 1, 2, and 4</i>
F 10:15 – 10:45 am	Networking Break <i>Carolina Foyer</i>
F 10:50 am – 12:20 pm	WORKSHOPS <i>Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more.</i> When Creativity Isn't Enough: Burnout Among Black Therapists (DEI125) Additional CE credit eligibility: NBCC-Approved Counselor CE <i>Cardinal 1</i> Making Your Mark: The Innate Need to Create (SC176) – WORKSHOP IS FULL <i>Cardinal 2</i> Roses in December: Navigating Bereavement with Adolescents in the School Setting (SS210) – WORKSHOP IS FULL Additional CE credit eligibility: NBCC-Approved Counselor CE <i>Cardinal 3</i>
F 11 – 11:50 am	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> [PAPER] In Time's Frame: The Clinical Model of Time-Limited Art Therapy (TLAT) (TA45) <i>Symphony 5</i> [PAPER] Engaging Art Therapists Worldwide About Current And Future Trends Of The Profession (PP66) <i>Symphony 6</i> [PAPER] Activist Art in Practice: Learnings from 2020 Twin Cities BLM Protest Art (AC105) <i>Symphony 7</i> [PAPER] Art+AI = DATA: Imagining the Future of Precision Medicine with Art Therapy (T!113) <i>Governors 1-2</i> [PAPER] Research can be Simple: Idiom Acquisition with Autistic Adults (RE200) <i>Governors 3-6</i>

 Networking Opportunities

 Ticketed Events

 Plenary and Core Sessions

	▪ [PAPER] Multi-Theoretical Lens: An Integrated Approach to Teaching and Practicing Group Art Therapy (ES98) <i>Mecklenburg 3</i> ▪ [PAPER] Cultural Exchange Utilizing Art Therapy within a Service-learning Framework (MP61) <i>Carolina A</i>
F 11 – 11:50 am	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Process Art in Supervision ▪ Immigrant and Refugee Populations
F 11 – 11:50 am	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Museums ▪ Service Learning
F 11:15 am – 12:45 pm	CORE PROGRAM SESSIONS <i>Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits.</i> ▪ [PANEL] Supervisors and Educators in Conversation: Professional Identity Development (ES108) <i>Mecklenburg 1</i> ▪ [PANEL] Art Therapy Meets Psychedelics: Personal and Professional Perspectives From the Field (PP187) <i>Mecklenburg 2</i>
F 12 – 12:50 pm	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> ▪ [VIDEO] Bridging Cultures Film: Immigrant Women Navigating Loss, Uncovering Wisdom, and Belonging (SC20) – 1 CE credit <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Carolina A</i> ▪ [PAPER] The Creative Arts Café: Clinical use of Therapeutic Performance (SC73) <i>Symphony 5</i> ▪ [PAPER] Creative Arts Therapy and Self-Esteem During the Menopausal Transition: A Mixed-Methods Study (GM142) <i>Symphony 6</i> ▪ [PAPER] Creative Arts Therapies Reduce Anxiety in Hospitalized Adolescents with Eating Disorders (RE109) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Symphony 7</i> ▪ [PAPER] Supervision within Psychotherapy Disciplines (ES57) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Governors 1-2</i> ▪ [PAPER] Phoenix Rising: Art Therapy and Transgender Transformation (CA170) <i>Governors 3-6</i> ▪ [PAPER] Creativity at the Threshold: Art Therapy in Hospice Care (MS36) <i>Carolina C</i> ▪ [PAPER] Finding Our Planet: A Social Empowerment Art-Therapy Group For Late-Diagnosed Autistic Women (AU47) <i>Carolina D-E</i>
F 12 – 12:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Juvenile Detention

 Networking Opportunities

 Ticketed Events

 Plenary and Core Sessions

AATA Annual Conference: Rooted and Rising | #AATA2026

Schedule updated August 17, 2026 | 9

F 12 – 12:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Neuroscience ▪ Advocacy and Licensure
F 12:50 – 2 pm	Break – Lunch on Your Own Head to the hotel's full-service restaurant or step outside and explore the Uptown neighborhood .
F 2 – 2:50 pm	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> ▪ [PERFORMANCE] Americana Blues Performance by Global Mass Child Trauma Responder (AC205) – 1 CE credit <i>Carolina A</i> ▪ [PAPER] Conceptualizing PID in Art Therapy Supervision with Post-graduate Art Therapists (RE72) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE Symphony 5</i> ▪ [PAPER] Rooting Art Therapy Education in Self-Compassion: Overturning Over-Identification (ES225) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE Symphony 6</i> ▪ [PAPER] Group Art Therapy with/in Schools: Exploring Ethical Complexities (SS101) <i>Governors 1-2</i> ▪ [PAPER] The Third Body: Surrealist Self-Portraiture and Queer Men in Art Therapy (DE120) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> ▪ [PAPER] When Legacy Work Hurts: Timing and Considerations for Hospital End-of-Life Memorial Art (GM209) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE Governors 3-6</i> ▪ [PAPER] The Art of Self Disclosure: Ethical Boundaries in Therapist Artmaking with Clients (ET235) <i>Carolina C</i> ▪ [PAPER] Why the Arts Matter: The Gallery as a Community Hub (RE13) <i>Carolina D-E</i>
F 2 – 2:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Research
F 2 – 2:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Veterans and Military
F 2:15 – 3:45 pm	WORKSHOPS <i>Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more.</i> ▪ Sacred Imagination: An Embodied Framework for Spiritual Meaning-Making in Art Therapy (PP222) – WORKSHOP IS FULL <i>CE credits: NBCC-Approved Counselor CE Cardinal 1</i> ▪ Digital Art Therapy: Expanding Expression for Clients with Disabilities (TI190) – WORKSHOP IS FULL <i>Cardinal 2</i> ▪ Interpreting Patient Artwork and Therapeutic Process: A Relational Psychoanalytic Clinical Approach (PS168) – WORKSHOP IS FULL <i>Cardinal 3</i>
F 2:15 – 3:45 pm	CORE PROGRAM SESSIONS

Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits.

- [PANEL] **Virtual Supervision: Bridging the Distance, Building Connection (ES123)**
Mecklenburg 1
- [PANEL] **Art as Disaster Response: Arts-based Psychological First Aid and Art Therapy (TR131)**
Mecklenburg 2
- [PANEL] **Breaking to Become: Kintsugi as a Framework for Graduate Medical Education (MP129)**
Mecklenburg 3

F 3 – 3:50 pm

CORE PROGRAM SESSIONS

Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.

- [PAPER] **Pulp To Paper: An Ethnography Of Paper making For Adults Bereaved By Suicide (RE95)**
Symphony 5
- [PAPER] **Images of the Therapist's Self in Art-Based Supervision (ES152)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Symphony 6
- [PAPER] **Bridging the Pacific: Adapting U.S. Art Therapy Training for Practice in Taiwan (MP169)**
Symphony 7
- [PAPER] **Stories that Veterans Tell in their Vision Boards (RE188)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Governors 1-2
- [PAPER] **Wires, Warmth, and Healing: A Thoughtful Approach to NICU Art Therapy Programs (MS31)**
Additional CE credit eligibility: NBCC-Approved Counselor CE
Governors 3-6
- [PAPER] **Embracing the Transpersonal: Developing a Spiritualized Art Therapy (PP40)**
Carolina A
- [PAPER] **Designing Art Experiences For Community Building & Belonging at Residency (SC125)**
Carolina C

F 3 – 3:50 pm

MASTER-LEVEL CLINICAL SUPERVISION SESSION ([Learn more](#))

- **Private Practice**
- **Substance Abuse**

F 3 – 3:50 pm

SHARED INTEREST GROUP MEETINGS ([Learn more](#))

- **LGBTQIA+**

F 4 – 4:50 pm

POSTER PRESENTATIONS

Student and professional presenters will share information using a traditional poster.

- Benefits of Skills-Based Art Therapy in Behavioral Settings
- Art Therapy with Grieving Children: Affect in the Dual-Process Model
- Exploring Insecure Attachment and Traditional Nigerian Artwork in a Community Art Setting
- Implementing Pediatric Group Art Therapy for Medically Hospitalized Patients with Psychiatric Comorbidity
- An Educational Participatory Action Research Into Multidisciplinary School Collaboration With Arts Therapists

LOCATION TBD

F 4 – 4:50 pm

MASTER-LEVEL CLINICAL SUPERVISION SESSION ([Learn more](#))

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

AATA Annual Conference: Rooted and Rising | #AATA2026

Schedule updated August 17, 2026 | 11

	▪ Eating Disorders ▪ Older Adults
F 4 – 4:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Forensics ▪ Grief and Loss
F 4 – 5:30 pm	WORKSHOPS <i>Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more.</i> ▪ The Pale Blue Dot: Witnessing Presence and Collective Constellations through Cyanotype (SC122) – WORKSHOP IS FULL <i>Carolina 1</i> ▪ Forest for the Trees: Ecological Mapping for Art Therapy Education and Internship (ES115) <i>Carolina 2</i> ▪ License to Explore: Playing the Expanded Field with Expressive Arts and Technology (TI153) – WORKSHOP IS FULL <i>Carolina 3</i>
F 4 – 5:30 pm	CORE PROGRAM SESSIONS <i>Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits.</i> ▪ [PANEL] Supervision Through the Expressive Therapies Continuum: An Art-Based Approach (ES52) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Mecklenburg 1</i> ▪ [PANEL] Greater than the Sum of our Parts: Collaging Identity (ES69) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Mecklenburg 2</i>
F 5:30 – 6:30 pm	MEMORIAL SERVICE AND COMMUNITY ALTAR Join us as we look back in loving memory to the AATA members we lost this year, hosted by Marie Deschamps. As a new element this year, we are introducing a community altar, inspired by the traditions of Mexico. To allow for everyone's participation, we are hoping for just a few short words from those who choose to speak. Participants may also choose to honor loved ones by writing or drawing on paper. CJs
F 5:30 – 7 pm	Arts & Crafts Marketplace Conference attendees will be selling their handmade crafts, art, jewelry, and more at the Marketplace. Attendees are welcome to peruse or shop at this evening event (with cash bar) – and be wowed! Location TBD
Fri Evening	Explore Charlotte—Choose Your Own Adventure! Enjoy the evening exploring Charlotte! Our Conference Committee's local experts have curated a list of what to do, where to eat, and how to get there! [COMING SOON!] <i>We hope you'll share your "night on the town" plans in the Whova conference app to help connect with other like-minded explorers.</i>

Saturday, October 17: Day 3

S 7 am – 5 pm **Registration and Information Desk**

 **Networking Opportunities**

 **Ticketed Events**

 **Plenary and Core Sessions**

AATA Annual Conference: Rooted and Rising | #AATA2026

Schedule updated August 17, 2026 | 12

	<i>Carolina Foyer</i>
S 7:30 – 8:30 am	Networking Breakfast Jump start your day by catching up with other attendees—and enjoying some caffeine! <i>Carolina Foyer</i>
S 8:30 – 10:30 am	PLENARY SESSION Rooted and Rising <i>Carolina Ballroom</i>
S 10:30 – 10:45 am	Networking Break <i>Carolina Foyer</i>
S 10:15 am – 3 pm	▪ Exhibit Hall Meet conference sponsors, art supply companies, educational programs, and other exhibitors. <i>Symphony 1, 2, and 4</i>
S 10:15 am – 5 pm	▪ Open Art Studio This is the heart of the conference—your place to process what you’ve learned, meet new people, learn new art techniques, or just make art! <i>Symphony 1, 2, and 4</i>
S 10:50 am – 12:20 pm	WORKSHOPS Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more. ▪ Community as Material: Collective Art making as Art Therapy, Method, and Activism (SC238) – WORKSHOP IS FULL Additional CE credit eligibility: NBCC-Approved Counselor CE <i>Cardinal 1</i> ▪ Where Image Meets Movement: Exploring Interdisciplinary Collaboration Between Art and Dance/Movement Therapy (PP202) – WORKSHOP IS FULL <i>Cardinal 2</i> ▪ Trauma-Informed Hospitality and Community Engagement Through Art Therapy (TR127) – WORKSHOP IS FULL Additional CE credit eligibility: NBCC-Approved Counselor CE <i>Cardinal 3</i>
S 11 – 11:50 am	CORE PROGRAM SESSIONS Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit. ▪ [PAPER] Bibliotherapy and Art Therapy: The Power of Picture Books Across All Ages (SC134) Additional CE credit eligibility: NBCC-Approved Counselor CE <i>Symphony 5</i> ▪ [PAPER] Bento Box Art: A Mindfulness Group Art Therapy Approach for Medical Professionals (MS185) <i>Symphony 6</i> ▪ [PAPER] Reimagining Archetypes in Contemporary Art Therapy (TA227) <i>Symphony 7</i> ▪ [PAPER] Sisterhood, Culture, & Care: A Multicultural Approach to Creative Self-Care in Art Therapy (MP237) <i>Governors 1-2</i> ▪ [PAPER] Generative AI in Art Therapy for Clients with Disabilities (TI143) <i>Governors 3-6</i>
S 11 – 11:50 am	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Multicultural

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

	▪ Ethics
S 11 – 11:50 am	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Research ▪ Students
S 12 – 12:50 pm	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> ▪ [VIDEO] The Many Faces of Art Therapy - Past, Present & Future (DEI193) – 1 CE credit <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> Carolina A ▪ [PAPER] Art as Inside-Out Expression: The Ethics of Using Art in Therapy (RE103) Symphony 5 ▪ [PAPER] Relational Art Therapy in Inpatient Psychiatry-Building Connection Within Institutional Bounds (PS136) Symphony 6 ▪ [PAPER] Nomadism in Art Therapy and the Act of Making a Mark (ET178) Symphony 7 ▪ [PAPER] Oh Baby! Processing Birth Trauma through Art Therapy: Therapist and Client Perspectives (TR189) Governors 1-2 ▪ [PAPER] Gamifying Group Therapy: Teaching Leadership Skills to Emerging Art Therapists and Counselors (ES219) Governors 3-6 ▪ [PAPER] Past, Present, Future - Surreal, Tactile and Digital Exercises in Art Therapy Practice (PP93) Carolina C ▪ [PAPER] In-Patient Medical Art Therapy: Practice, Considerations, and Developments, 2004-Current (MS155) Carolina D-E
S 12 – 12:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ The Art in Art Therapy
S 12 – 12:50 pm	SHARED INTEREST GROUP MEETING (Learn more) ▪ Varying Abilities
S 12:50 – 2:50 pm	Break – Lunch on Your Own <i>Head to the hotel's full-service restaurant or explore the Uptown neighborhood.</i>
S 2 – 2:50 pm	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> ▪ [PERFORMANCE] Canvas as a Container: How Art Held my Grief (GM182) – 1 CE credit Mecklenburg 1 ▪ [PAPER] Examining Doodling's Impact on Emotion and Cognition: A Neuroimaging (fNIRS) Study (RE141) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> Symphony 5 ▪ [PAPER] Nature-Based Symbolic Art Therapy With Children: The Katarzisz Method (CA89) Symphony 7 ▪ [PAPER] Negotiating Loss and Meaning Through Objects: A Phenomenological Study of Women Living with Breast Cancer (GM114)

	<i>CE credits: NBCC-Approved Counselor CE</i> Governors 1-2 ▪ [PAPER] Intersections Between Alaska Native and Military Cultural Identities: Arts-Based Narrative Inquiry (RE207) <i>Governors 3-6</i> ▪ [PAPER] Beginner's Chaos to Collected Confidence: Bridging Art Therapy Training and Practice in Singapore (ES233) <i>Mecklenburg 2</i>
S 2 – 2:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Supervising Students ▪ Trauma and Dissociation
S 2 – 2:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Disaster Response ▪ Open Studio Process
2:15 – 3:45 pm	WORKSHOPS <i>Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more.</i> ▪ The Peace Flag Project: A Community Space for Healing (SC228) <i>Cardinal 1</i> ▪ Response Art of Response Art: Peer Model for Clinician Grief Processing (PP180) – WORKSHOP IS FULL <i>Cardinal 2</i> ▪ Reclaiming the Self: Trauma-Informed Art Therapy in Addiction Recovery (AS140) – WORKSHOP IS FULL <i>CE credits: NBCC-Approved Counselor CE</i> <i>Cardinal 3</i>
S 2:15 – 3:45 pm	CORE PROGRAM SESSIONS <i>Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits.</i> ▪ [PANEL] For Those Who Care: Innovative Strategies for Individual, Community, and Systemic Wellbeing (PP71) <i>Additional CE credit eligibility: NBCC-Approved Counselor CE</i> <i>Mecklenburg 1</i> ▪ [PANEL] Trends in Art Therapy Doctoral Dissertation Research (RE144) <i>Mecklenburg 2</i>
S 3 – 3:50 pm	CORE PROGRAM SESSIONS <i>Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit.</i> ▪ [PAPER] Creative Arts Therapies Staffing and Coverage In A Pediatric Hospital (MS159) <i>Symphony 5</i> ▪ [PAPER] Stitching My Story: Reconciling Multiracial/Multicultural Identity through Folklore, Metaphor, and Quilting (MP179) <i>Symphony 6</i> ▪ [PAPER] Art Therapy for Authenticity and Meaning: Processing the Existential Concerns (RE201) <i>Symphony 7</i> ▪ [PAPER] Interspecies Communication: What I Have Learned About Art Therapy from Dogs (TA82) <i>Governors 1-2</i> ▪ [PAPER] Experiential Learning: Insights from Semester-Long Group Murals (ES30) <i>Governors 3-6</i>

 Networking Opportunities

 Ticketed Events

 Plenary and Core Sessions

	▪ [PAPER] Art Therapy Neuroscience Suggests Help for Addiction and Trauma (AS62) Additional CE credit eligibility: NBCC-Approved Counselor CE Mecklenburg 3
S 3 – 3:50 pm	MASTER-LEVEL CLINICAL SUPERVISION SESSION (Learn more) ▪ Self-Injurious Behavior
S 3 – 3:50 pm	SHARED INTEREST GROUP MEETINGS (Learn more) ▪ Ethics ▪ Assessment
S 4 – 5:30 pm	WORKSHOPS Ticketed events with limited seating. All workshops are worth 1.5 CE credits. Learn more. ▪ Seeing With Every Sense: Using Body-Mind-Spirit When Viewing Artwork (PP174) – WORKSHOP IS FULL Cardinal 1 ▪ Recuperation Comics: Graphic Medicine to Navigate Burnout and Recovery for Art Therapists (PP118) – WORKSHOP IS FULL Additional CE credit eligibility: NBCC-Approved Counselor CE Cardinal 2 ▪ The Third Language Workshop: Integrating Arts Therapists Into Multidisciplinary School Teams (SS24) Cardinal 3
S 4 – 4:50 pm	CORE PROGRAM SESSIONS Paper presentation sessions are lecture-style educational sessions with a slide presentation. All paper sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Each are worth 1 CE credit. ▪ [PAPER] Perceptions of Arts-Based Psychosocial Support for Serving Survivors of Gender-Based-Violence in Nigeria (MP217) Symphony 5 ▪ [PAPER] Art, Poetry, and Empowerment: Results from a Community-Based Situated Learning Model (RE156) Symphony 6 ▪ [PAPER] A Single Case Study: Navigating Athlete Identity Beyond The Finish Line (SS149) Symphony 7 ▪ [PAPER] The Pedagogy of Teaching Assessment in Art Therapy (ES111) Governors 1-2 ▪ [PAPER] Bird's Nest Drawing, PCEs, and ACEs: Exploring Attachment and Experiences (DEI94) Governors 3-6 ▪ [PAPER] Healing Over Hierarchy (DEI8) Additional CE credit eligibility: NBCC-Approved Counselor CE Carolina A
S 4 – 5:30 pm	CORE PROGRAM SESSIONS Panels are conversational or discussion-based presentations led by 3 to 5 presenters. All panel sessions are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB). Worth 1.5 CE credits. ▪ [PANEL] Conflicted Identities in a Democratic Art Therapy Classroom: Arts-Based Inquiry (ES87) Mecklenburg 1
S 8 – 11 pm	Closing Party (ticketed event) After 3 days of learning, connecting and networking...let's dance the night away!

Remember to add Closing Party tickets to your registration. Tickets are \$35 during Advanced Registration (before Sept. 24) and include lots of desserts!

Symphony 5-7

Continuing Education Eligibility

Sessions eligible for Continuing Education are identified with a session number beginning with a two-letter program track code followed by numbers (listed in parentheses after the session's name). It is each attendee's responsibility to determine whether their licensing or credentialing body will accept the continuing education earned at AATA's annual conferences.

- **Art Therapy Credentials Board:** All educational sessions sponsored by AATA are accepted for Continuing Education by the Art Therapy Credentials Board (ATCB), except those sessions that are not identified with a session number, such as Shared Interest Group and Poster sessions. (e.g., RE18)
- **National Board for Certified Counselors:** AATA is also a National Board for Certified Counselors (NBCC)-Approved Continuing Education Provider (ACEP Provider #5670) and may offer NBCC-approved clock hours for courses that meet NBCC requirements. (e.g., N-ES23 or N/NY-RE18)
- **State of New York:** AATA is approved by the State of New York as a provider of continuing education for Licensed Creative Arts Therapists (LCAT) in New York. Sessions that are eligible are identified with an "NY" code. (e.g., NY-SC203 or N/NY-RE18)

Continuing Education Certificate Requests

All attendees will receive a post-conference email with directions on how to access continuing education certificates via their MyAATA account.

■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions

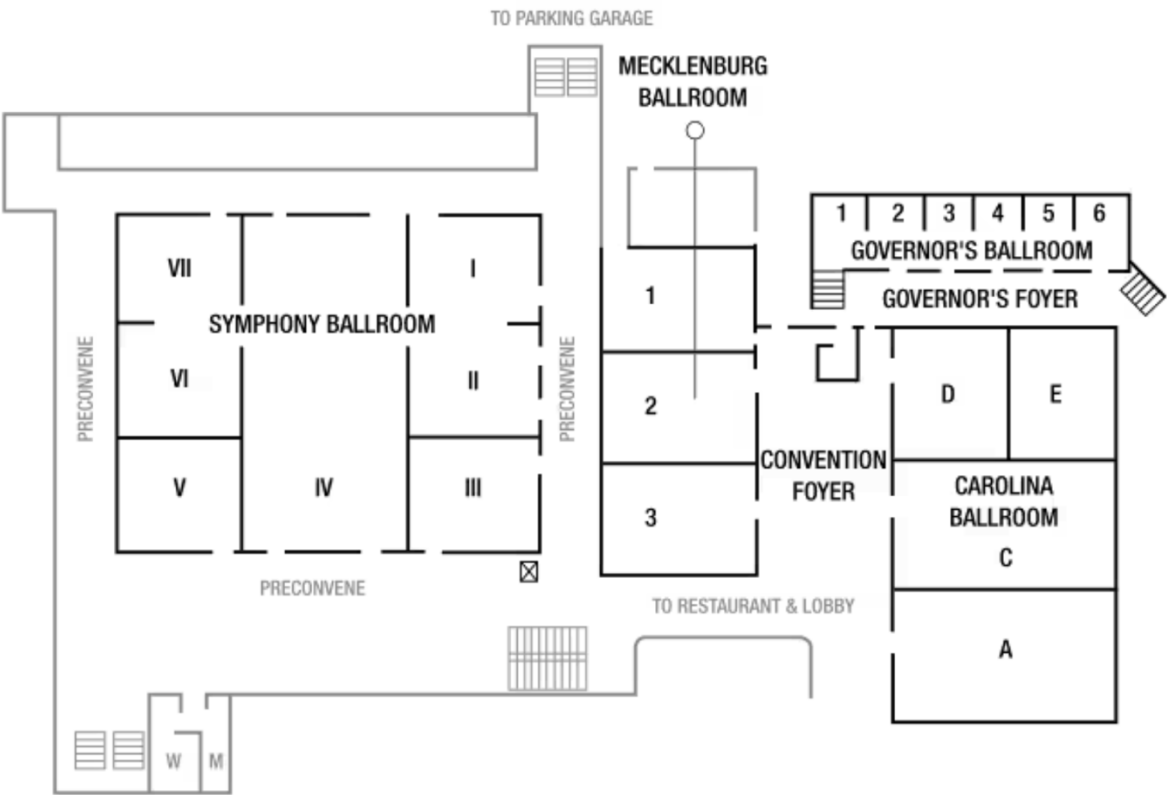
AATA Annual Conference: Rooted and Rising | #AATA2026

Schedule updated August 17, 2026 | 17

Hotel Information

All sessions and events will be held at the Sheraton/Le Meridien Hotel Complex, 555 South McDowell Street, Charlotte, North Carolina, 28204. The sessions will be on one floor – on 52,000 sq. ft. of event space!

FIRST FLOOR



■ Networking Opportunities

■ Ticketed Events

■ Plenary and Core Sessions