American Art Therapy Association
Research Committee
Art Therapy Outcome Bibliography

Revised and Updated – May 25, 2015

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Note
We hope you will find this listing of art therapy outcome and single subject studies useful for purposes of research, grant writing, demonstrating support for your art therapy program, and as evidence of the effects of art therapy with various client populations. Listings are grouped primarily by client populations.
Links to the abstracts or articles are provided for some articles. The AATA Research Committee plans to update this listing annually. We welcome input from art therapists who become aware of studies that we may have missed. Please direct any corrections or additions to: rvander3@naz.edu.
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2. Aging, Elderly, Geriatric


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7. Grief / Bereavement


8. Intellectually Disabled


9. Medical


Oster, I., Svensk, A. C., Magnusson, E., & et al. (2006). Art therapy improves coping resources: A randomized, controlled study among women with breast cancer. *Palliative & Supportive Care, 4*(1), 57-64.


### 10. Normal and Outpatient


11. **Posttraumatic Stress Disorder and Trauma**


12. **Psychiatric and Inpatient Residential Treatment**


13. **School / Academic**


14. Sexual Abuse / Abuse


15. Traumatic Brain Injury (TBI)


link to full article: [http://www.plosone.org/article/info:doi/10.1371/journal.pone.0101035](http://www.plosone.org/article/info:doi/10.1371/journal.pone.0101035)


Oster, I., Svensk, A. C., Magnusson, E., & et al. (2006). Art therapy improves coping resources: A randomized, controlled study among women with breast cancer. *Palliative & Supportive Care, 4*(1), 57-64.


17. Qualitative Studies


18. **Combined Research Methodologies: Quantitative & Qualitative**


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