

# INSTITUTE FOR CONTINUING EDUCATION IN ART THERAPY (ICE/AT)

*An online distance learning center managed by the American Art Therapy Association, Inc ©*

## COURSE CATALOG

To login to the Institute for Continuing Education in Art Therapy (ICE/AT) visit:  
<http://arttherapy.trainingcampus.net/>

### CONTINUING EDUCATION INFORMATION

All educational sessions sponsored by the American Art Therapy Association (AATA) are accepted for continuing education by the **Art Therapy Credentials Board (ATCB)**.

AATA is a **National Board for Certified Counselors (NBCC)**-Approved Continuing Education Provider (ACEP Provider #5670). Programs that qualify for NBCC credit are clearly identified. The ACEP solely is responsible for all aspects of the program.

Effective January 1, 2017, AATA is an approved provider of continuing education for Licensed Creative Arts Therapist (LCATs) by the **New York State Education Department's State Board for Mental Health Practitioners (#CAT-0012)**. Programs that qualify for NY State LCAT credit are clearly identified.



**ART THERAPY** | **ATCB**  
CREDENTIALS BOARD, INC.

New York State  
Education  
Department's State  
Board for Mental  
Health Practitioners  
(#CAT-0012)

### CONTINUING EDUCATION IDENTIFICATION KEY CODE:

Please refer to the session number that can be found in the course catalog to determine which sessions are eligible for the various continuing education bodies.

- **NBCC** - Session numbers that begin with an "N" qualify for NBCC credit. [Example: N-0100]
- **NY State** – Session numbers that begin with an "NY" qualify for New York State LCAT credit. [Example: NY-0312]
- **ATCB** - Accepts all AATA Courses offered in this catalog.

**It is each attendee's responsibility to determine whether her or his licensing or credentialing body will accept the American Art Therapy Association's continuing education.**

**The designated number of continuing education clock hours** will be awarded to participants upon the successful completion of the online test. Participants may repeat the course as many times as is necessary to achieve completion. To receive the Certificate of Completion, participants must correctly answer 100% of the questions.

## COURSE CATEGORIES

The course catalog is organized into eight main subject tracks to help participants quickly find areas of interest and assist in making selections for online learning. Simply click on the links below to view courses within the specific category.



Courses in the catalog that are marked with this symbol require the online learner to have the ability to listen to the audio portion of the course materials through their computer speakers.

**A001 – Art Therapy and Assessment Diagnosis** - Courses about art therapy assessments, current research, and theoretical models taught by experienced researchers and pioneers of art therapy.

**A002 – Art Therapy and Multiculturalism** - Courses on how art therapy is applied in a variety of settings and cultures. Increase multicultural competency by learning about cross-cultural relationships, programs, and practices.

**A003 – Art Therapy in Various Populations and Settings** - Courses that provide instruction on therapeutic best practices, case studies, and art therapy techniques and methods. You'll also expand your knowledge of art therapy with a variety of populations and settings including: Addictions/Substance Abuse, Child/Adolescents, Elderly, Medical Settings, Psychiatric Settings, and School Settings.

**A004 – Art Therapy and Trauma** - Courses based on art therapy techniques and methods for individuals who have experienced trauma.

**A005 – Art Therapy Education & Supervision** - Courses that explore updates in art therapy training and education. Focus on the latest teaching methods, supervision techniques, and educational developments.

**A006 – Art Therapy and Ethics** - Courses based on ethics in art therapy.

**A007 – Art Therapy Theory, Practice, and Techniques** - Courses that provide instruction on art therapy theories, methodologies, practices, approaches, and techniques with a variety of population groups and in various settings.

**A008 – Art Therapy Professional Practice Issues** - Courses that explore contemporary issues and current trends for therapists, from business strategies to practice standards, and more.

### Course Category: A001 - Art Therapy and Assessment and Diagnosis

**Course Title:** N-0100 and NY-0100 - Assessing Attachment with the Bird's Nest Drawing - A Review of the Research

**Course Description:** The Bird's Nest Drawing (Kaiser, 1996) is an art-based assessment that was developed to assess attachment security. In the past 10 years, several studies have further tested this art therapy directive with various populations. This course briefly reviews attachment theory, and delineates the significant findings from five of the studies. It also presents the implications of clinical use of the Bird's Nest Drawing and need for future research.

**Objectives:** After completing this course, participants will be able to:

- Understand the premise of attachment theory and identify the three categories of insecurity in children, and adults.
- Identify the Bird's Nest Drawing (BND) as a projective drawing task, and have knowledge of its primary application in art therapy assessment.
- Be familiar with the significant findings from five research studies conducted over the past 10 years which have further tested the application of the BND in various population groups.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** Donna Kaiser, PhD, ATR-BC, LPC, LMFT, is Assistant Professor of Psychology, Albertus Magnus College, New Haven, CT and Sarah Deaver, MS, MS Ed, ATR-BC, is

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<b>Course Title:</b>	<b>N-0101 and NY-0101 – Introduction to Affective Color Symbolism and Markers Cosplay: Standardized Procedure for Diagnostic and Clinical Use</b>
<b>Course Description:</b> 	This course focuses on the theory and practice of an interview assessment procedure-the Affective Color Symbolism and one of its applications, Markers Cosplay. This procedure allows children or adults to express themselves in a nonthreatening way and be better understood through the nonverbal and interactive process.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Understand the theory and practice of an interview assessment procedure-the Affective Color Symbolism and one of its applications, Markers Cosplay.</li><li>• Understand the benefits and limits of this assessment procedure.</li><li>• Apply the assessment procedure in their practice flexibly.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Liona Lu</b> , DFA, ATR-BC, an American trained and Board Certified art therapist, is both the founder of Taiwan Art Therapy Association (2004), and Graduate Art Therapy Program of Taipei Municipal University of Education (2005). She has been a full-time professor in TMUE since 1989, and has been invited for giving lectures, workshops, nationally, and internationally.

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<b>Course Title:</b>	<b>N-0102 and NY-0102 – Picture a Changing Mind: Art Therapy, Neuroplasticity, and the Unconscious</b>
<b>Course Description:</b> 	This course intends to generate thought and discussion about the integration of art therapy and neuroscience from a philosophical, assessment, intervention, and research perspective. The potential of art therapy to change the brain is reviewed, and of neuroscience to enhance the understanding and applications of art therapy.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Understand the scientific definition of neuroplasticity and its application to the psychotherapeutic work from an applied and theoretical perspective.</li><li>• Discuss therapeutic implications of brain wave biofeedback and the use of EEG measures to enhance art therapy interventions and research methodologies.</li><li>• Review current research in the fields of neuroscience and art therapy and observe graphic reproductions of work from clients in the past that appear to portray brain wave change pre and post treatment.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Juliet King</b> , MA, ATR-BC, LPC, is a member of the Art Therapy faculty in the Department of Creative Arts Therapies at Drexel University. Licensed as a Professional Counselor in both PA and NJ, Ms. King maintains a private practice servicing children, adolescents, and adults utilizing art and verbal psychotherapy.

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<b>Course Title:</b>	<b>N-0103 and NY-0103 – Understanding Evidence-Based Practice for Art Therapy in Mental Health</b>
<b>Course Description:</b> 	Understanding evidence-based practices for art therapy within mental health need not be a daunting task. Through describing findings from a critical review we examine particular art therapy approaches that have an evidence-base, and conclude with strategies for furthering how evidence-base practice can be better utilized out in the field.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Articulate existing arguments around the concept of evidence-based practice in art therapy.</li></ul>

- Identify which art therapy approaches are currently supported by an evidence-base.
- Comprehend strategies for furthering the evidence-base for art therapy approaches in mental health.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Theresa Van Lith**, PhD, ATR, has recently moved from Melbourne, Australia to commence teaching the Master of Art Therapy program at Florida State University. Theresa has primarily worked in community and acute mental health facilities with her focus on using art therapy as a coping and meaning making tool throughout the mental health recovery process.

**Course Title:** **NY-0104 – Fibromyalgia Syndrome and Mandalas**

**Course Description:**  This study conducted in Caracas, Venezuela, evaluates the psycho-physiological effects in women with Fibromyalgia Syndrome of drawing and coloring mandalas comprising a structured narrative based on Joan Kellogg's Archetypal Stages of the Great Round of Mandala. Patients reported reduced tender points and improvement in depressed mood.

**Objectives:** After completing this course, participants will be able to:

- Describe the structured narrative approach used in this study.
- Verbalize three benefits of a structured narrative approach using mandalas with medical patients.
- Describe three benefits of creating and coloring mandalas in a group setting.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Susanne F. Fincher**, MA, LPC, ATR-BC is a Jungian oriented art therapist with an interest in mandalas, circular designs with psychological significance. She has produced Creating Mandalas, the Mandala Workbook, and the Coloring Mandalas series. Susanne offers a Mandala Certificate Program through CreatingMandalas.com. **Gisela García** is an art therapist specialist in mandalas with Junguian orientation. Industrial and Graphic designer, artist, Mandala Mystical Art designer products. Certified NLP practitioner. Genuine Contact Professional trained to facilitate processes with Open Space Technology. Graduated in Mandala Reflexion of the Self with Susanne Fincher, Atlanta, USA. Creator and facilitator of Mandalas to Evolve, Education - training for Psycho-spiritual guides using mandalas. Author of the printed yearly creative diary Mandalas, since 2009.

**Course Title:** **N-0105 and NY-0105 – Using Biological Indicators and Brain Imaging in Art Therapy Research**

**Course Description:**  This course provides an overview of how to use biological indicators in art therapy research. Approaches to art therapy research using biomarkers like cortisol and catecholamines, and, brain imaging techniques like functional near infrared spectroscopy (fNIRS) and quantitative electroencephalography qEEG are shared.

**Objectives:** After completing this course, participants will be able to:

- How to use salivary biomarkers like cortisol, norepinephrine, amylase, epinephrine and dopamine in research studies.
- Understand the process and implementation of a study using brain imaging technology like functional near infrared spectroscopy.
- Articulate what been done so far in the field of neuroimaging related to art therapy and neuroaesthetics especially pertaining to the use of the qEEG as a measurement tool.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Girija Kaimal**, EdD, MA, has bachelor's degree in design from the National Institute of Design in India, master's degree in art therapy from Drexel University, and her doctorate is in human development and psychology from the Harvard University Graduate School of Education. She currently serves as Assistant Professor in the doctoral program in creative arts therapies at Drexel University College of Nursing and Health Professions. **Juliet King**, MA, ATR-BC, LPC, is the director of the Graduate Art Therapy program at Herron School of Art and Design. She earned her Master of Art in Art Therapy degree from Hahnemann University and has spent the last 15 years as a clinician, administrator and professor of art therapy education at both the undergraduate and graduate levels.

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**Course Title:** **N-0106 and NY-0106 - Archetypal Art Therapy: Exploring the PPAT, the Garden of Eden, and the Birth of Consciousness**

**Course Description:**  This course explores the archetypal patterns inherent in the art intervention, Draw Yourself Picking an Apple from a Tree (PPAT), as it relates to the creation myth, The Garden of Eden and its mythic connection to the birth of consciousness as seen through a phenomenological and analytic psychology lens.

**Objectives:** After completing this course, participants will be able to:

- Name at least two founding principles upon which analytic psychology and art therapy were founded as they relate to symbolic function.
- Identify three similarities between the art intervention, Draw Yourself Picking an Apple from a Tree (PPAT) and the archetypal story of The Garden of Eden as they relate to psychological process.
- Define and articulate how an archetype relates to imagery, myth, and psychological process.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Michelle Dean**, MA, ATR-BC, LPC, CGP, is the co-founder of The Center for Psyche & the Arts, LLC (<http://psychearts.org>) and is an author, supervisor, and educator. She has several publications her credit, including the book, *Using Art Media in Psychotherapy: Bringing the Power of Creativity to Practice*. Her work has been recognized through many distinguished awards, including the prestigious Honorary Life Member Award from DVATA and AATA's 2015 Pearlie Roberson Award.

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**Course Title:** **N-0107 and NY-0107 – Mind-Body Treatment for Depression: Clay Art Therapy with the Expressive Therapies Continuum**

**Course Description:**  Recent neuroscience research has reexamined how affect mediates responses between mind and body. Clay Art Therapy (CAT) incorporating the Expressive Therapies Continuum (ETC) involves various neurological processes that elucidate a body–mind, bottom–up approach to clay-work for the treatment of depression. This study evaluates treatment effects of CAT on depression.

**Objectives:** After completing this course, participants will be able to:

- Identify and reproduce the mechanisms of Clay Art Therapy (CAT) incorporating the Expressive Therapies Continuum (ETC) for treatment of depression.
- Replicate the methods of measuring both quantitative and qualitative research outcomes of CAT in randomized controlled trial.
- Record the movements of the ETC on various levels with the scaling questions adopted in the treatment of Clay Art Therapy.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Joshua Nan**, PhD, ATR, RSW, is Assistant Professor of the Dept. of Social Work & Social Administration & Deputy Director of the Master of Expressive Arts Therapy (EXAT) Program of The University of Hong Kong. Joshua owns nearly twenty years clinical social work experience and ten years' experience of applying expressive arts in casework, group, and community settings in working with a wide range of populations.

He is now actively researching and teaching arts therapies in various areas including youth development, mental health Social Work, and holistic health. Joshua actively trains the Master of EXAT students to apply the Expressive Therapies Continuum across different arts modalities in therapy.

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<b>Course Title:</b>	<b>N-0109 and NY-0109 – Utilizing Art Materials Within Sensorimotor Psychotherapy for Attachment Trauma</b>
<b>Course Description:</b>	This course explores the utilization of art materials within sensorimotor psychotherapy for the resolution of attachment trauma. A case study of an arts-based research project utilizing the heuristic method of inquiry is reviewed. Research process, emergent themes and potentials for further research are highlighted.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Identify at least two methods in which art making can be incorporated into trauma-informed sensorimotor psychotherapy.</li><li>• Describe at least three ways in which therapeutic attunement affected treatment outcomes.</li><li>• Describe two methods of arts-based analysis utilized in the research process.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Lorena Snodgrass</b> , MA, MFTI, is an alumnus of the Clinical Art Therapy program at Loyola Marymount University. She engages the public in art therapy in a variety of ways and specializes in working with adolescents, bereavement, and individuals that have experienced trauma.

### Course Category: A002 - Art Therapy and Multiculturalism

<b>Course Title:</b>	<b>0201 – Cross-Cultural Psychotherapy and Art</b>
<b>Course Description:</b>	This course presents an introduction to cross-cultural psychotherapy, with reference to historical theories of art, symbols and myth, and to the art therapist working with the client—both individual and groups. Cross-cultural dimensions of art therapy are delineated with a support for further research and cooperation between cultures, with attention given to outcomes relative to art therapy practice and training.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Demonstrate an understanding of cross-cultural psychotherapy, with reference to historical theories of art, symbols and myth, and to the therapist working with the client—both individual and groups.</li><li>• Delineate cross-cultural dimensions of art therapy practice and training outcomes based on the author's perspective from work spanning 10 years with cultural groups from numerous countries.</li><li>• Be familiar with literature presented which focuses on cross-cultural psychology, defining issues applicable to art therapy including psychotherapy practice and training, cultural differences in therapeutic methods, research on cross-cultural mental health, as well as universal and personal symbols.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Shaun A McNiff</b> , PhD, ATR, HLM, is the University Professor at Lesley University in Cambridge, Massachusetts, where he has established a program in Advanced Graduate Studies in Creativity, Imagination, and Leadership. An internationally recognized figure in the area of creativity enhancement, he is the author of several books. McNiff has been honored for his pioneering contributions to the creative arts therapy field. He is the 1997 recipient of the American Art Therapy Association's Honorary Life Member Award and also served as the President of the American Art Therapy Association, Inc. from 2001-2003.

**Course Title:** N-0202 and NY-0202 – Within The Box: Cross-Cultural Art Therapy With Survivors of the Rwanda Genocide

**Course Description:** This course discusses the creative making of boxes as a cross-cultural art therapy intervention in Kigali, Rwanda, with survivors of the 1994 Rwandan genocide. The box as an art form is particularly applicable with young adult survivors, given the nature of their prodigious trauma and the possibility of posttraumatic stress disorder, as well as their cultural mode of emotional expression. Physical and metaphorical characteristics of the box are examined and discussed with corresponding aspects of the Rwandan culture. Three case examples from the art therapy group demonstrate how the metaphor of the box resonated with young adult genocide survivors and functioned as a catalyst for expression, healing, and reconnection with the self.

**Objectives:** After completing this course, participants will:

- Understand how “self-boxes” are used as an intervention with groups of young adult genocide survivors.
- Learn how the Rwandan culture impacted the use of “self-boxes” in art therapy.
- Become familiar with three case study examples which demonstrate how the metaphor of the “self-box” functioned as a vehicle for expression, healing and reconnection with the self.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Valerie Chu**, MA, LCAT, ATR-BC, is an art therapist at the Center for Family Life in Sunset Park, Brooklyn, NY. Ms. Chu was on the production team of a film about Rwandan genocide survivors. The film, *Munyurangabo*, won the International Grand Jury Prize at the AFI Film Festival in 2007.

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**Course Title:** N-0203 and NY-0203 – An Intersectional Framework for Race, Class, Gender, and Sexuality in Art Therapy

**Course Description:** This course calls for an examination of identity and difference from a sociocultural perspective in art therapy theory and practice. Identity markers such as race, class, gender, and sexuality have tended to be seen in isolation and in ways that hamper the ability to understand and theorize difference. In constructing knowledge and in advancing more effective practices, therapists need to examine identity and difference not only from a psychological perspective, but also from social and cultural ones. An intersectional framework that demands self-reflexivity is presented as important to research, scholarship, organizational policy making, and theorizing that shapes art therapy practice.

**Objectives:** After completing this course, participants will be able to:

- Identify issues of identity and difference as they relate to race, class, gender and sexuality.
- Define the five principles of intersectionality.
- Learn how an intersectional framework is important to research, scholarship, organizational policy making, and theorizing that shapes art therapy practice.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Savneet Talwar**, PhD, ATR-BC, is an Associate Professor of Art Therapy at the School of the Art Institute of Chicago. Her current research examines feminist politics, critical theories of difference, social justice and questions of resistance. Using an interdisciplinary approach, she is interested in community based art practices; cultural trauma; performance art and public cultures as they relate to art therapy theory, practice and pedagogy. Her current projects are: Wandering Uterus Project: A DIY Movement for Reproductive Justice, Healing Justice workshops for domestic violence lawyers at the Legal Assistance Foundation of Chicago, and CEW (Creatively Empowered Women) Design Studio, a craft, sewing and fabrication enterprise for South Asian and Bosnian women at the Hamdard Center in Chicago.

**Course Title:** N-0205 and NY-0205 – The Burma Project: Journeys to a Different Landscape

**Course Description:**  A panel of art therapists with the Art Therapy Institute of North Carolina shares their experiences of utilizing art therapy with refugees from Burma who have resettled in the Triangle area of North Carolina. Together they find creative ways in which to address the mental health needs of this population.

**Objectives:** After completing this course, participants will be able to:

- Examine the ongoing ethnic conflict in Burma and be able to describe how this situation has led to substantial refugee populations in both Thailand and in the United States—most specifically, in the Triangle Area.
- Name at least three medical and mental health concerns plaguing the refugees in the Triangle area, as well as identify at least three barriers to seeking out and receiving the medical and mental health counseling these refugees need.
- Identify and evaluate the effectiveness of at least three art therapy directives used with this specific population.

**Course Fee:** \$37 for American Art Therapy Association Members, \$60 for Non-Members.

**Continuing Ed.:** 1.5 Clock Hours of Continuing Education.

**Course Authors:** **Eva Miller**, MPS, ATR, is one of the co-founders of the North Carolina Art Therapy Institute and currently facilitates art therapy groups for women with eating disorders, adults with acquired brain injury, and refugee children. She also directs the recreation program at a local healthcare & rehabilitation center in Raleigh, NC. **Kristin Linton**, MA, ATR, LPC, is an organizing founder of the Art Therapy Institute, has worked to promote awareness of the field, access to services, and educational trainings. Currently she is working on the Burma Project in the Chapel Hill schools where she is also the district art therapist for the Exceptional Needs Program. **Hillary Rubesin**, MA, LPC. **Ilene Sperling**, MA, ATR, LPC, is a master's level art therapist and the clinical director of the Institute in North Carolina. She has experience working with diverse populations of various ages in inpatient psychiatric units for children and adolescents, public schools, day treatment mental health centers, childcare settings, and private practice.

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**Course Title:** 0207 – Fostering Multicultural and Diversity Competence in Art Therapy

**Course Description:**  Multicultural and Diversity Competence in art therapy is a capacity whereby art therapists possess cultural and diversity awareness and knowledge about self and others, and at the same time ensure that this awareness and knowledge is skillfully applied in practice with clients and client groups. *Fostering Multicultural and Diversity Competence in Art Therapy* is designed to strengthen the identity of art therapists by advancing multicultural and diversity competence as essential to ethical practice and the cornerstone for effective art therapy practice.

**Objectives:** Following the completion of this course participants will:

- Have a historical overview of the Multicultural Committee.
- Understand the 2011 Art Therapy Multicultural and Diversity Competencies.
- Have knowledge of the Multicultural Committee Selected Bibliography and Resource List.
- Have an expanded knowledge of historical and contemporary “Pioneers of Color” and their contributions to the art therapy profession.

**Course Fee:** \$50 for American Art Therapy Association Members, \$80 for Non-Members.

**Continuing Ed.:** 2 Clock Hours of Continuing Education.

**Course Author:** The course was developed through extensive collaboration among the members of the **American Art Therapy Association’s Multicultural Committee** over an extended period of time. All contributors have a Master’s degree or higher level of education.

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**Course Title:** NY-0209 – Culture, Medicine, and Art Therapy: Building a Practice that Works

**Course Description:**  Because illness touches all classes and cultures, art therapy in medicine is a natural training ground for culturally sensitive art therapy practice. Art therapy practices that

illuminate the complex web of hospital and personal cultures is presented through theory and case examples.

**Objectives:**

Following the completion of this course participants will be able to:

- Name three cultural perspectives typically encountered within a medical treatment setting.
- List three strategies for addressing cultural differences through art therapy.
- Define the term “frame switching,” and describe its application in art therapy practice.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Authors:**

**Tracy Council**, MA, ATR-BC, is both Program Director for Tracy's Kids and Art Therapist in Pediatric Hematology-Oncology at Georgetown University Hospital's Lombardi Cancer Center. She lectures in Medical Art Therapy at The George Washington University, and creates paintings, block prints and sculpture. She has served as Chair of the AATA Membership Committee. **Kathryn Tedeschi**, MA, ATR-BC, LCAT, LPC, is a graduate of The George Washington University art therapy program. She has experience working with children, adolescents, adults, military veterans and individuals with physical and intellectual disabilities. Since 2011 she has worked as an art therapist for Tracy's Kids, providing services to pediatric Hematology-Oncology patients in Washington DC. Kathryn recently moved to New York to start the Tracy's Kids art therapy program at the Phyllis and David Komansky Center for Children's Health at New York-Presbyterian /Weill Cornell.

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**Course Title:**

**N-0210 and NY-0210 – Lessons Learned: International Art Therapy From Ebola to Homelessness in South Africa**

**Course Description:**



Founder and team member of international non-profit share lessons learned from their experiences implementing expressive arts therapy training programs in addressing trauma due to Ebola in Liberia and homelessness in South Africa.

**Objectives:**

After completing this course, participants will be able to:

- Identify 5 challenges faced when implementing expressive art therapy programs in two different cultures and populations.
- Identify 3 ways of creating culturally sensitive program that empowers local program participants.
- Identify 3 ways to integrate the lessons learned into their own work with diverse cultures.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:**

**Caroline Alexis Decosimo**, MA, LPCA, received her master's at The George Washington University. Alexis is currently working as an art therapist in Asheville, NC, a doctoral student at Eastern Tennessee State University in Public Health, and is the Founder and Executive Director of Playing to Live! She specializes in trauma informed art therapy, program development, and international work. **Kathryn Tedeschi**, MA, ATR-BC, LCAT, LPC, is a graduate of The George Washington University art therapy program. She has experience working with children, adolescents, adults, military veterans, and individuals with physical and intellectual disabilities. Since 2011 she has worked as an art therapist for Tracy's Kids, providing services to pediatric Hematology-Oncology patients in Washington DC. Kathryn recently moved to New York to start the Tracy's Kids art therapy program at the Phyllis and David Komansky Center for Children's Health at New York-Presbyterian /Weill Cornell.

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**Course Category: A003 - Art Therapy in Various Populations and Settings**

**Course Title:**

**N-0300 and NY-0300 – The Twelve Steps and Art Therapy**

**Course Description:**

The innovative approach addressed in this course to alcohol dependency introduced by Alcoholics Anonymous has revolutionized the treatment of addictions. Important to this approach are the 12 steps, which articulate the actions needed to recover from

addiction and create a spiritual awakening. Therapists working with addictive clients will benefit from practical knowledge of and ability to apply the 12 steps in treatment.

**Objectives:**

After completing this course, participants will:

- Have a basic understanding of the 12 steps approach introduced by Alcoholics Anonymous for the treatment of addictions.
- Understand how therapists can apply the 12 steps approach when working with addictive clients.
- Articulate examples of how art therapy activities can be applied to the individual steps in treatment situations.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:**

**Kell Julliard**, MA, MFA, ATR-BC, holds a Master's in Expressive Therapy from the University of Louisville, a MFA in drama from the University of Arizona and a Master's Degree in Art Therapy. He worked in the chemical dependency field in Louisville and at Payne-Whitney Clinic in New York. He currently serves as an Assistant Vice President at Lutheran Medical Center.

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**Course Title:**

**N-0301 and NY-0301 – One-to-One Structured Art Therapy (OSAT): An Intervention Manual for Persons Living with HIV/AIDS**

**Course Description:**

This course is intended for therapists who are treating individuals living with HIV/AIDS and having difficulty reflecting on their experiences. Testing positive for HIV can be a traumatic and life-altering experience. This course outlines detailed procedures for carrying out OSAT, including guiding the therapist and client through instructions on sessions designed to help the client access and express feelings about the impact of living with HIV/AIDS through the medium of art.

**Objectives:**

After completing this course, participants will:

- Have an understanding of *One-to-One Structured Art Therapy (OSAT)*.
- Learn how OSAT, a psychological intervention, can be used in the first stage of treatment for trauma-related symptoms and interpersonal difficulties.
- Understand the procedures, exercises and assessments that are used within OSAT's 10 session program.

**Continuing Ed.:**

2 Clock Hours of Continuing Education.

**Course Fee:**

\$50 for American Art Therapy Association Members, \$80 for Non-Members.

**Course Authors:**

**Douglas Amonite**, BFA, DTATI is an art-psychotherapist based in Toronto, Ontario. In addition to private practice, he lectures on the benefits of creative expression through art therapy, particularly in the clinical application of art therapy with person's living with HIV/AIDS and cancer. He has presented his work nationally and internationally, and has been published in the Canadian Journal of Palliative Care in this area, and **Dr. Peter L. DeRoche**, MD, FRCP (C), Assistant Professor, University of Toronto, Toronto, Ontario, and **William J. Lancee**, PhD, Head of Research, Psychiatry, Mount Sinai Hospital, Associate Professor, University of Toronto, Toronto, Ontario.

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**Course Title:**

**N-0302 and NY-0302 – Art Therapy and Neuroscience Blend: The Uses of Art Therapy with Patients Who Have Dementia**

**Course Description:**

Art Therapy is an extremely effective, yet highly underutilized treatment modality for patients with dementia. This course provides an exploration of dementia, an umbrella term encompassing 70 types. Alzheimer's Disease is covered in more depth, being the most prevalent form. After understanding the neurological nature and manifestations of different types of dementia, course participants will explore ways that psychological and art therapy theories apply to working with this population, as well as the nature of this unique therapeutic relationship, communication techniques, graphic indicators of dementia, and suggestions for setting up and implementing a successful art therapy program for individuals or small groups.

**Objectives:**

After completing this course participants will:

- Understand the neuropsychology of many types of dementia, with a more in-depth understanding of Alzheimer's Disease and the way it manifests in patients.
- Understand the ways psychological and art therapy theories apply to this population, and have an understanding of the graphic indicators.
- Create and implement an art therapy program for patients with dementia and utilize specialized communication techniques.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Ellen Greene Stewart**, MA, ATR-BC, LCAT, is a private practitioner in rural upstate NY. She is a graduate of Goddard College's Psychology and Counseling Program, and is also a certified School Counselor. Ms. Stewart is also the co-author of *Superheroes Unmasked*, an emotional literacy curriculum for children, by Youthlight Publishing.

**Course Title:** **N-0303 and NY-0303 – Young at Art: The Endless Possibilities of Art Therapy with Senior Adults**

**Course Description:**  With the growing body of research confirming the benefits of creative activities for older adults with Alzheimer's disease, it is imperative for therapists to serve this often unrecognized population. This course presents creative and experienced-based information on how to best engage this group in therapeutic art interventions. This course includes art therapy with elderly in three different settings: studio groups, individual art therapy in an adult day center, and in a museum setting. The course provides an overview of benefits, art therapy interventions, and case studies.

**Objectives:** After completing this course, participants will be able to:

- Identify at least three benefits of using art therapy with seniors.
- List at least three artistic interventions to use with this population.
- Describe one model of incorporating art museums into therapeutic art programs.

**Continuing Ed.:** 1.5 Clock Hours of Continuing Education.

**Course Fee:** \$37 for American Art Therapy Association Members, \$60 for Non-Members.

**Course Authors:** **Anna Ford Smith**, MA, obtained her Master's degree from The George Washington University. She has worked with hospitalized children and their families, suicide survivors, patients with eating disorders, and with youth in Managua, Nicaragua. She is currently the art therapist at Iona Adult Day Health, Wellness, and Arts Center in Washington, DC. **Catherine M. Harris**, MA received her professional training from George Washington University in 2007. Immediately following graduation, she created an art therapy program specially designed for older adults with Alzheimer's Disease at IONA Senior Services in Washington, DC. She currently lives in Memphis, where she contracts with over ten different senior organizations. **Emery H. Mikel**, MA, ATR, LCAT, LCPAT provided studio art therapy to the elderly and people living with dementia throughout the Washington, DC area until her recent relocation to Huntington, NY. She created and conducted her own contract service with 15-20 retirement homes and supervised interns from George Washington University. She studied Transpersonal Art Therapy at Naropa University.

**Course Title:** **N-0304 and NY-0304 – Carry Me With You: Art Therapy and Families Facing Deployment**

**Course Description:**  The wars in Iraq and Afghanistan have brought about unprecedented cycles of deployment. The increasing frequency of these cycles has resulted in raised stress levels for military families. This course identifies the implications of military deployment on the psychological development and mental health of children within military families, and provides possible interventions.

**Objectives:** After completing this course, participants will be able to:

- Identify and understand children's basic needs throughout the 5 stages of the cycle of military deployment.
- Describe eight art therapy directives for use with children coping with military deployment of a parent.

- Discuss five obstacles faced by civilians working within a military culture.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:**

**Elizabeth Fisher** received her M.A. in Transpersonal Counseling Psychology: Art Therapy from Naropa University. She has done work through practicum, internship and as an employee with hospice, working with patients who have eating disorders, and with clients with chronic mental illness. Her current interests in art therapy lie in working with adults dealing with transition and trauma. **Annice Johnson** holds an M.A. in Transpersonal Counseling Psychology: Art Therapy from Naropa University. She is an art therapist involved in social activism community art projects and works with empowering adolescents in Colorado. She has worked with an array of populations and as an American citizen and a military brat, Annice is very interested in finding ways to better support the military and their families. **Chelsea O'Neil** holds an M.A. in Transpersonal Counseling Psychology: Art Therapy from Naropa University. She is currently working at a domestic violence support services agency on the front range of Colorado. Chelsea approaches art therapy with a social justice framework, incorporating elements of civic engagement, grassroots organizing, community-based programs, and a continual exploration of the intersectionality of oppression and privilege into the therapeutic practice. Chelsea is also an Army brat who has a passion for supporting military service members and their families.

**Course Title:**

**N-0305 and NY-0305 – The Secret World of the Elderly: A Studio Approach that Raises Awareness**

**Course Description:**



Studio art therapy benefits the elderly and people with Alzheimer's by creating a space for expression, decision-making, and social interaction at a time when choices might otherwise be limited. Taking this approach into retirement homes can raise self-esteem, provide a sense of purpose, and empower residents. This course provides an overview of the challenges and benefits of contracting art therapy as well as specific projects and interventions that can be used with this population.

**Objectives:**

After completing this course, participants will be able to:

- List three ways studio art therapy benefits the elderly.
- Describe at least two interventions that can be modified for use with people who have Alzheimer's disease.
- Identify at least two challenges and two advantages of contract work.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:**

**Emery H. Mikel**, MA, ATR, LCAT, LCPAT, provided studio art therapy to the elderly and people living with dementia throughout the Washington, DC area until her recent relocation to Huntington, NY. She created and conducted her own contract service with 15-20 retirement homes and supervised interns from George Washington University. She studied Transpersonal Art Therapy at Naropa University.

**Course Title:**

**N-0306 and NY-0306 – Artful Gerotranscendence: Awakening Awareness of Life Satisfaction for Elders through Creative Engagement**

**Course Description:**



This course provides an overview of the developmental theory of gerotranscendence, which explains that many older adults experience the awakening of a shift from a more rational, materialistic worldview to a holistic and spiritual attitude. Art therapy supports this growth through the creative, meditative, and reminiscent qualities of artistic engagement. This course provides art therapy activities and techniques for working with this population.

**Objectives:**

After completing this course, participants will be able to:

- Describe foundational characteristics of the theory of gerotranscendence.
- Adapt art therapy activities to elicit expression of gerotranscendence in clients.
- Modify and use art therapy materials to meet elders' needs.

**Continuing Ed.:** 1.5 Clock Hours of Continuing Education.  
**Course Fee:** \$37 for American Art Therapy Association Members, \$60 for Non-Members.  
**Course Authors:** **Deborah Little Bear**, MA, ATR, Certified Gerontologist, is a past Membership Director of the Northern California Art Therapy Association. She has worked with elders in a variety of clinical, transitional care and residential settings in Sonoma County, California for ten years. Gerontological theory informs her practice. **Isabel Lenssen**, MFA, MFT, ATR, lives in the San Francisco Bay Area and provides therapy for the elderly by facilitating creative engagement, individually and in groups, in their homes or at care facilities. **Barbara Petterson**, MS, MFT, is currently pursuing a Master's Degree in Art Therapy at Notre Dame de Namur University in Belmont, CA. She specializes in working with older adults, and is interested in the development of art practice and artist identity in art therapists and their clients.

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**Course Title:** **N-0307 and NY-0307 – Art Therapy with Street Youth**

**Course Description:**  An introduction to the area of art therapy practice with adolescents who are identified as 'street youth'. Through a group art therapy case study with street youth, the key developmental tasks, key therapeutic issues and key ethical issues related to art therapy with teenagers are addressed. Answers to frequently asked questions about art therapy work with teenagers are given. Awareness is activated regarding common issues when working with youth. Reasons why art therapy is a highly compatible mode of treatment for teenagers are outlined. Lots of very practical ideas about working with youth through the arts are presented.

**Objectives:** After completing this course participants will be able to:

- Identify key developmental tasks, therapeutic, and ethical issues.
- Identify reasons that art therapy is a compatible mode of therapy.
- Increase your capacity to work effectively with adolescents utilizing art therapy.

**Continuing Ed.:** 3 Clock Hours of Continuing Education.

**Course Fee:** \$75 for American Art Therapy Association Members, \$120 for Non-Members.

**Course Author:** **Duanita G. Eleniak**, PhD, MSW, RCSW, ATR, RCAT, BCATR, is a registered clinical social worker, registered art therapist, philosopher of consciousness studies, and author of *"The Role of the Arts in Shifting Consciousness"* (2010). She also has a private practice in North Vancouver, Canada providing individual, couple, family and group counselling to people of all ages to assist with trauma (sexual abuse, death, loss, divorce, accidents, and, medical issues), stress management, career change, anxiety, depression, inspirational counselling and empowerment. She is also Co-founder of the Mentoring Store.

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**Course Title:** **N-0308 and NY-0308 – Club About Social Development: Art Therapy and Autism Research Preliminary Results**

**Course Description:**  This course highlights the preliminary research results of an Art Therapy Autism Social Support Group. The Group, Club ASD (About Social Development), provides art-based social skills lessons and community field trips to help individuals with Autism and Asperger's learn and practice social skills.

**Objectives:** After completing this course, participants will:

- Learn one or two useful art directives for teaching social skills.
- Be introduced to two assessments that assist in the tracking of social skills progress.
- Become familiar with the latest statistics on Autism prevalence in the United States.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Jessica Stallings**, MS, ATR-BC, is an art therapist and Assistant Professor at Emporia State University. She worked at the University of Nebraska Medical Center for developing and implementing a social skills curriculum for individuals on the Autism Spectrum. She has experience with varied populations including adolescents, older

adults and individuals with disabilities, specializing in autism. She is now in the process of setting up autism social skills programming in the town where she lives.

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<b>Course Title:</b>	<b>NY-0309 - Finding the Art Therapist's Role in a Therapeutic Alternative High School</b>
<b>Course Description:</b>	What is the Creative Art Therapist's role in a therapeutic alternative high school? This course explores the question by looking at the parallel process between the art therapist exploring his/her role within an institution, and the Seriously Emotionally Disturbed adolescent searching for his/her identity.
<b>Objectives:</b>	After completing this course, participants will: <ul style="list-style-type: none"><li>• Learn one or two useful art directives for teaching social skills.</li><li>• Be introduced to two assessments that assist in the tracking of social skills progress.</li><li>• Become familiar with the latest statistics on Autism prevalence in the United States.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Melissa Klay</b> , PhD, ATR-BC, LCAT, is a licensed and registered Creative Arts Therapist with a Ph.D. in Clinical Psychology. Melissa has a private practice in NYC and Upper Westchester. She works with adolescents and young adults as well as supervises LCATs. She is also a professor at Pratt Institute and College of New Rochelle.

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<b>Course Title:</b>	<b>N-0310 and NY-0310 – Integrating Art Therapy and the DIR®/Floortime™ Model for Children with Autism Spectrum Disorders</b>
<b>Course Description:</b>	Invite the child with autism to experience creativity by first understanding them and then joining them in their world. The DIR®/Floortime™ approach teaches us to follow the child's natural emotional interests while challenging them toward greater mastery of their social, emotional, and intellectual capacities.
<b>Objectives:</b>	After completing this course, participants will: <ul style="list-style-type: none"><li>• Have a basic understanding of the DIR®/Floortime™ Model by Dr. Stanley Greenspan and how it is applied with children on the Autism Spectrum.</li><li>• Learn how to design appropriate art therapy directives for this population that combine the therapeutic approach of the DIR®/Floortime™ Model.</li><li>• Learn effective techniques to work with individuals, parent/child dyads and groups affected by Autism Spectrum Disorders.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Pamela Ullmann</b> , MS, ATR-BC, is a board certified and licensed art therapist who has practiced in the field for 15 years, working with children and families in a variety of community and healthcare settings. Pamela has worked with children dealing with loss through the Journey's Program at Valley Home Care in Bergen County, NJ. She was instrumental in developing the Art Therapy program in 2003 for the Elizabeth Seton Pediatric Center in Manhattan and subsequently served as director of the Child Life and Therapeutic Activities department there. Pamela has an independent practice called Colors of Play, LLC and has recently formed a nonprofit organization, Healing Arts Family Connection, Inc. that provides creative arts therapy services for children with special needs and families throughout the tri-state area.

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<b>Course Title:</b>	<b>N-0311 and NY-0311 – Art Therapy with Older Adults: Expressing Life—Art Therapy at Salem Lutheran Home</b>
<b>Course Description:</b>	Salem Lutheran Home went from a once-a-week art class to 6 days of art programming and art therapy. Residents in all levels of care are supported in maintaining their identities as artists or exploring creative pursuits for the first time. This course presents a range of the art and art therapy programming at Salem, as well as describing the ways a therapist can function within different levels of elder care.

**Objectives:** After completing this course participants will be able to:

- Identify three common issues facing elders in all levels of care.
- Learn three adaptive techniques to use with elders.
- Learn three ways to establish and expand art therapy services for elders.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Erin Partridge**, MA, ATR, is a registered art therapist, yoga teacher, and fine artist. She has experience with a wide range of clients from community groups to maximum-security forensic hospital settings. Her work is published in books and magazines and shown in galleries and museums across the United States.

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**Course Title:** **N-0312 and NY-0312 – Creative Energy: Treating Suicidal Behavior with Art Therapy**

**Course Description:**  This course features a case study that explores the collective efforts of a therapist and client using the power of the creative process to transform a client repeatedly engaging in suicidal acts into a person with the desire to live life fully!

**Objectives:** After completing this course participants will be able to:

- Describe the advantages of integrating art therapy and DBT when working with patients having suicidal urges/behaviors.
- Identify 3 treatment issues in working with patients who have chronic suicidal thinking, urges and behaviors.
- Identify specific art therapy exercises to use when working with patients experiencing suicidal thinking/urges/behaviors.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Jane DeSouza**, MPS, ATR-BC, LCAT, has worked at Saint Vincent's Hospital Westchester since 1980: current Director for Personalized Recovery Oriented Services. She is a Certified DBT Team Therapist, previous instructor for NYS CASAC curriculum and received post-masters training at the Institute for Expressive Analysis. She received the 1999 Outstanding Clinician Award and in 2015 awarded Honorary Life Member for the Westchester Art Therapy Association.

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**Course Title:** **NY-0313 – Creative Communication in Art Therapy for Adults who have Developmental Disabilities**

**Course Description:**  When a client is nonverbal or has limited abilities to communicate, how does a therapist assist them in processing emotions? This course examines the therapeutic complications that arise when working with individuals with autism, while exploring the possibility of utilizing a creative tool to assist clients in communicating.

**Objectives:** After completing this course participants will be able to:

- Identify the therapeutic communication challenges that are present with working with clients who have autism and other developmental disabilities.
- Name one art therapy tool that is helpful in assisting clients in communicating their emotions and needs without the use of words.
- Articulate an argument for the utilization of creative and visual tools with individuals that have various developmental disabilities and how it can expand the exploration of emotional processing.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Katie Fohrman**, MA, LPCCI, graduated has a master's in clinical mental health psychology with a concentration in expressive arts therapy and is working towards her certification as an art therapist and licensing as a clinical counselor. She works with adults and children who have developmental disabilities.

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<b>Course Title:</b>	<b>N-0314 and NY-0314 – Layering as a Mechanism of Change in El Duende One-Canvas Process Painting</b>
<b>Course Description:</b>	Layering as a mechanism of change in art making is seen during El Duende One Canvas Process Painting. Concepts of layering are explored from the perspectives of neuroscience, a movement of “Layerists” artists, and art therapists. Imagery from “The Cycle of Layering” highlights the four phases of the self-disclosing process.
	
<b>Objectives:</b>	After completing this course participants will be able to: <ul style="list-style-type: none"><li>• Articulate the concept of art as a mechanism of change.</li><li>• Name three conceptual perspectives about layering.</li><li>• Identify 4 phases of the self-disclosing “Cycle of Layering.”</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Authors:</b>	<b>Abbe Miller</b> , MS, ATR-BC, LPC, has practiced transformational art therapy for 34 years. An exhibiting artist, art therapist, and Director of the Graduate Art Therapy Program at Albertus Magnus College, she has a private practice, runs workshops and has published. <b>Megan Robb</b> , MA, ATR-BC, LPC, is an art therapist, educator, and researcher who has presented nationally and published on the intersections of culture in therapy, education, and leadership. Robb is a professor of art therapy counseling at Southern Illinois University Edwardsville, where she focuses on integrating relational cultural theory, art therapy theory, and clinical practice.

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<b>Course Title:</b>	<b>0315 – KSHR the Brain Reporting Live: Recovery Radio at your Local Forensic Hospital</b>
<b>Course Description:</b>	KSHR The Brain is a recovery radio show at an inpatient forensic psychiatric hospital which gives patients the opportunity to showcase the community of artists and musicians through broadcast commentary and interviews. In this course we present the recording process and ethical concerns.
	
<b>Objectives:</b>	After completing this course participants will be able to: <ul style="list-style-type: none"><li>• Identify at least two ways to protect patient confidentiality in broadcast radio.</li><li>• Learn three ways to promote stigma reduction through art and music therapy.</li><li>• Learn three therapeutic interventions for art and music in radio show broadcasting.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Authors:</b>	<b>Jaimie Peterson</b> , MAAT ATR, received her BFA from the Kansas City Art Institute and MAAT at the School of the Art Institute of Chicago. She currently teaches art at Alamo Colleges and is an art therapist at a forensic psychiatric state hospital in Texas. She is the Chair of the Art Committee for AATA. <b>Alison Etter</b> , MT-BC, has been the music therapist at Kerrville state hospital for a little over 3 and a half years. She received a B.M. in music therapy from Southern Methodist University and is currently a graduate student at Colorado State University. She also serves on the technology committee for AMTA representing the Southwestern region.

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<b>Course Title:</b>	<b>NY-0316 – Creativity Heals in an Uncreative Place: Fostering Art Therapy with Prison Inmates</b>
<b>Course Description:</b>	Art therapists who wish to work in prison believe that they operate within a structured and regulated system that restricts creativity and healing. This course, through personal experiences, illustrations, and perspectives from other art therapists, demonstrates workaround techniques that allow art and creativity to flourish while facilitating treatment.
	
<b>Objectives:</b>	After completing this course participants will be able to: <ul style="list-style-type: none"><li>• Define the role an art therapist may play in prison.</li></ul>

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- Identify the various challenges an art therapist may have in facilitating creativity and healing in prison.
- Delineate at least three creative art therapy directives that are effective despite the restrictive environment.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **David Gussak**, PhD, ATR-BC is Chair for The Florida State University Department of Art Education and Professor for its art therapy program. Dave has published and presented extensively; he is the author of *Art on Trial: Art Therapy in Capital Murder Cases* and co-editor of the *Wiley Blackwell Handbook of Art Therapy*.

**Course Title:** **N-0317 – An Art Therapist's Approach to Self-Treatment for Early Onset Alzheimer's Disease**

**Course Description:**  Ronald E. Hays, a leader in the field of art therapy was diagnosed with early onset Alzheimer's disease at the age of 62. Based on personal interviews and examples of his work, this course presents Ron's three and a half year self-facilitated art therapy process with ceramic art.

**Objectives:** After completing this course participants will:

- Understand how an art therapist developed coping skills for a self-guided therapeutic process.
- Learn how the ceramic process can help preserve memory and cognitive function for the short term in an individual case.
- Learn how the use of ceramic art can enhance a sense of purpose and self-worth to a person with Alzheimer's disease.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Robin Niesenbaum Jones**, MCAT, ATR-BC, LCPAT, received her master's degree from Hahnemann University. Robin has worked as an art therapist, art therapy educator, fine arts teacher and artist during her 33 year career. Currently Robin works on a female adolescent unit at Sheppard Pratt Health System and teaches art privately.

**Course Title:** **N-0318 and NY-0318 – Through the Child Welfare Kaleidoscope: Perspectives on Treatment**

**Course Description:**  This course provides perspectives and guidance for the effective assessment and treatment of youth in the Child Welfare system, their families, and related professionals. Proven clinical and creative strategies addressing attachment related concerns, ambiguous grief, cumulative complex trauma exposures, and the multiple transitions unique to this population is presented.

**Objectives:** After completing this course participants will:

- Clearly conceptualize four major treatment areas specific to children and both birth and foster families involved in child welfare with empathy and empowerment.
- Learn how to implement at least four applicable interventions to build rapport, facilitate grieving, provide support through transitions, build secure attachments, and reduce trauma responses.
- Learn three specific ways to engage and advocate with other professionals, parents, and court system in the treatment process.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Heather Brown**, MS, ATR, LPC, is an art therapist who works with children, teens, and their families. She started her professional career in Baltimore over 14 years ago and has worked as a therapist, trainer, teacher, muralist, and program developer. She happily resides in Detroit with her husband and children.

**Course Title:** NY-0320 – Addressing Contemporary Mentally Ill and Chemically Addicted Issues in Art Therapy

**Course Description:**  This course seeks to explore contemporary issues in MICA treatment. Topics include an exploration of recent trends in substance abuse, implications in clinical practice, and Art Therapy directives geared to address short and long-term treatment goals.

**Objectives:** After completing this course participants will be able to:

- Identify and articulate the etymology of at least two substances receiving attention in contemporary MICA treatment.
- Learn at least six psychiatric symptoms related to the discussed substances that impact the clinical presentation of patients in treatment.
- Explore four directives for possible use with patients who currently use or have a history of using the aforementioned substances.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Jenna Krauter**, MPS, ATR-BC, LCAT, is a licensed art therapist and graduate of the School of Visual Arts in New York. She has extensive experience in adult inpatient treatment and focuses on the integration of art therapy and psychoeducation in treatment for adults with chronic mental illness. **Jamie Shoneman**, MPS, LCAT, ATR-BC, is a licensed art therapist who has experience working with populations from Pre-School Children to Geriatrics. She has specialized in trauma therapy and has extensive experience working with the Dually Diagnosed throughout the recovery process as well as providing mentorship and supervision to students and professionals.

### Course Category: A004 – Art Therapy and Trauma

**Course Title:** N-0400 and NY-0400 – Jogging the Cogs: Trauma-Focused Art Therapy and Cognitive Behavioral Therapy with Sexually Abused Children

**Course Description:** Art therapy in conjunction with cognitive behavioral therapy reduces symptoms and enhances the potential for positive outcomes for sexually abused children in trauma-focused treatment. This course presents a treatment model that utilizes specific art therapy interventions to facilitate treatment, based on research on the effectiveness of combined art therapy and cognitive behavior therapy (Pifalo, 2001, 2006).

**Objectives:** After completing this course, participants will:

- Understand the rationale for the combining cognitive behavioral therapy (CBT) and art therapy for trauma-focused therapy.
- Be familiar with art therapy interventions used to accomplish goals of trauma-focused cognitive behavioral therapy.
- Be aware of the research on the effectiveness of combining art therapy and cognitive behavioral therapy.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Terry Pifalo**, MEd, MPS-CAT, ATR, has been employed for 8 years as an art therapist at the Dee Norton Lowcountry Children's Center in Charleston, SC, a multidisciplinary forensic/treatment center for children who have been sexually abused and their families.

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**Course Title:** N-0401 and NY-0401 – Integrating Art Therapy into a Rape Crisis Center

**Course Description:**  The impact of sexual violence necessitates an immediate clinical response and uninterrupted therapy to achieve better outcomes for victims. In order to develop better treatment programs, it is crucial to understand the limitations of traditional advocacy from paraprofessionals to the management of these disorders and develop integrated counseling programs.

**Objectives:** After completing this course, participants will be able to:

- Identify three ways sexual violence/abuse impacts victims.

- Describe at least three benefits to the inclusion of trauma response models and art therapy into a rape crisis center.
- Identify policy and procedures to incorporate to expand a crisis center to incorporate specialized counseling.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Carol Olson**, MA, MAAT, ATR-BC, LPC, CSAC, is a board-certified art therapist and licensed counselor. She has completed clinical supervision training. She has completed two Master's Degrees in human service related degrees (Counseling and Art Therapy) as well as a bachelor's degree in Psychology. She has more than 15 years of clinical experience working in a variety of settings and with various populations. She also has experience in leading non-profit organizations. She is currently the Owner and Director of The Creative Arts Space: Art - Art Therapy - Arts Activism, Secretary and Editor-in-Chief of The Pixel Project, Social Media Rep of the Virginia Art Therapy Association, and an Advisory Board Member at End Violence Against Women International.

**Course Title:** **N-0402 and NY-0402 – Narrative Truth, Historical Truth, and Nonverbal Truth of Traumatic Memory**

**Course Description:**  The narrative truth of one's trauma story is not sufficient. The necessary historical truth is contained in the nonverbal memory, the basis of posttraumatic symptoms. Historical truth is conveyed by the body sensations that accompany the instinctual trauma response. Narrative closure follows the integration of narrative and historical truth.

**Objectives:** After completing this course, participants will be able to:

- Differentiate between narrative truth and historical truth.
- Define the universal plot for the trauma narrative.
- Explain the necessity of historical truth in the trauma narrative.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Louis Tinnin**, MD, a graduate of the University of Chicago was trained in psychiatry at the University of Cincinnati. He is Professor Emeritus in psychiatry at West Virginia University. He is the psychiatric consultant for Intensive Trauma Therapy, Inc, Morgantown, West Virginia. **Linda Gantt**, PhD, ATR-BC, HLM, is Executive Director of Intensive Trauma Therapy, Morgantown, WV, an outpatient trauma clinic. She has presented nationally and internationally on art therapy in trauma treatment as well as on the Formal Elements Art Therapy Scale (FEATS) that she and Carmello Tabone developed.

**Course Title:** **N-0403 and NY-0403 – Unblending the Parts: Integrating Internal Family Systems and Art Therapy**

**Course Description:**  This course discusses the use of art therapy processes tailored for the treatment of trauma using the Internal Family Systems (IFS) model. It includes an overview of the IFS model, parallels between art therapy and IFS, examples of IFS specific art interventions and case material.

**Objectives:** After completing this course, participants will be able to:

- Describe the 8 qualities of Self to illustrate understanding the concept of Self-leadership in IFS.
- Identify 4 ways IFS and art therapy complement each other.
- Apply 4 art interventions corresponding with the stages of the IFS process.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Amanda Bechtel**, MS, ATR-BC, LCPC, LCPAT, is a board certified registered art therapist, licensed clinical professional counselor and licensed clinical professional art therapist. In addition to eating disorders, she has used art therapy to treat symptoms of

depression, anxiety, self-injurious behavior and substance abuse. She holds a certificate in advanced trauma treatment. She is adjunct faculty at St. Mary of-the-Woods College and currently sits on Maryland's Board of Professional Counselors and Therapists. **Peggy Kolodny**, MA, ATR-BC LCPAT, is adjunct clinical faculty at the University of Maryland's School of Social Work and on training faculties for multiple professional institutes. She has a trauma focused art psychotherapy private practice. Peggy is trained in Level 2 EMDR and Level 1 IFS (Internal Family Systems).

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<b>Course Title:</b>	<b>NY-0405 – Veterans with PTSD: Art Therapy and Acceptance and Commitment Therapy (ACT)</b>
<b>Course Description:</b>	Treatment outcome study using ACT art therapy groups for veterans with combat and sexual traumas revealed reductions in PTSD and depressive symptoms. Participants will be introduced to ACT theory and art interventions designed specifically for veterans with PTSD. Clinical art therapy implications discussed with potential application for other traumatized populations.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Name three core concepts from Acceptance and Commitment Therapy.</li><li>• Identify three art interventions specific to Acceptance and Commitment Therapy core concepts.</li><li>• Articulate two areas of PTSD symptomology that can be addressed using Acceptance and Commitment Therapy and Art Therapy.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Amy Backos</b> , PhD, ATR-BC is the Chair of Graduate Art Therapy Psychology at Notre Dame de Namur University. Her clinical and research interests include: trauma recovery, art therapy to treat PTSD, and psychological assessment. Her clinical work includes 17 years of work with children, teens, and adults who experienced sexual assault and intimate partner violence, combat trauma, and substance abuse disorders. She also has six years of experience with the Veteran's Affairs Hospital providing evidence-based treatments and art therapy for veterans with PTSD, as well as working as a research associate and conducting independent research on PTSD with Vietnam and Iraq veterans.

### Course Category: A005 – Art Therapy Education and Supervision

<b>Course Title:</b>	<b>N-0500 – Art Therapy and Education: Exploring Connections</b>
<b>Course Description:</b>	Art Therapy and Art Education have significant links to each other. By discussing the similarities and differences of these two disciplines, the author presents how art therapy theories and ideas can transfer to the art world in other contexts, such as museums.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Identify three similarities between art therapy and art education.</li><li>• Identify three differences between art therapy and art education.</li><li>• Specify how art therapy theories and ideas can transfer to the art world in other contexts, such as museums.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Rory O'Neill Schmitt</b> , MPS, ATR-BC, is a professional photographer and an art therapist in Phoenix, Arizona. She is also a Ph.D. student in Art Education at Arizona State University. She currently works at the ASU Art Museum in the Education Department. Her mission is to foster inter-cultural communication through photography.

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<b>Course Title:</b>	<b>0502 – El Duende Process Painting in Supervision: Journeys to Relational Resource</b>
<b>Course Description:</b>	For this course, the technical and conceptual stages of El Duende Process Painting are explored first, after which internship students share their multimedia visual journey

capstone projects. Witnessing the transformational flow from week to week reveals and illuminates the unique process of integrating this approach with art therapy group supervision.

**Objectives:**

After completing this course, participants will be able to:

- Identify essential elements when teaching art therapy in a global context.
- Learn how to integrate international educational standards within local culture.
- Understand challenges for building art therapy programs outside of the US.

**Continued Ed.:**

1.5 Clock Hours of Continuing Education.

**Course Fee:**

\$37 for American Art Therapy Association Members, \$60 for Non-Members.

**Course Authors:**

**Abbe Miller**, MS, ATR-BC, LPC, has practiced and taught nationwide, the processes of transformational art psychotherapy for 29 years. She is Director of the Graduate Art Therapy Program at Albertus Magnus College and maintains a private practice. Her chapter *Doorways to Creativity: Art Therapy from the Center* was published in 2004. **Caitlin Iannucci**, MAAT, graduated in 2010 with her Master's Degree in Art Therapy from Albertus Magnus College. She is now working as a clinician with elementary school children at a school-based health center, where she implements solution-focused art therapy. Her commentary on her father's own healing art process was featured in *Art Therapy: Journal of the American Art Therapy Association* in 2007. **Lisa Kisiel** is a graduate student at Albertus Magnus College in the Master of Arts in Art Therapy program. She has completed her Associates Degree of Fine Arts with concentration in photography from Paire College of Art and her Bachelor's Degree in Psychology with concentration in Art Therapy from Albertus Magnus College. She has worked with the substance abuse population and at risk youth throughout her undergraduate and graduate internship placements. **Nancy Karim**, MA, ATR. **Julia Smith**, MA, is a graduate from Albertus Magnus College in New Haven, Connecticut. She received her Bachelor of Arts in Psychology with a concentration in Art Therapy also from Albertus Magnus College in 2002.

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**Course Title:**

**0503 – Telesupervision in Art Therapy: Current Practices and Recommendations**

**Course Description:**



In our global society, we turn to our computers for everything from communication to shopping to banking. So why not supervision? This course describes the growing phenomenon of distance supervision in art therapy. Attention is paid to challenges of, and recommendations for, engaging in distance supervision.

**Objectives:**

After completing this course, participants will be able to:

- Understand the fundamentals of ethical distance supervision.
- Identify three challenges in distance supervision.
- Identify three potential benefits of distance supervision.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:**

**Rachel Brandoff**, MA, ATR-BC, LCAT, is the co-founder of the Creative Arts Therapies Center in NYC, and is core faculty at Lesley University. She travels to teach and work with special populations and consults on developing art and expressive therapy programs. **Reina Lombardi**, MA, ATR, LMHC, earned her Master's Degree in Expressive Therapy and Mental Health Counseling in 2004. She is a registered art therapist (ATR), and has experience working with children of all ages and abilities in both, educational and clinical settings. She is the associate program manager for Art Speak: Expressive Arts and Autism program for the Foundation for Lee County Public Schools.

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**Course Title:**

**0504 – Itinerant Art Therapy: A Multi-Tiered Model for Successful Community Outreach**

**Course Description:**



This course describes a successful model for community art therapy outreach that strengthens connections between a graduate art therapy program and the community, allows art therapy students to have a unique educational experience and provides much needed school-based support for adolescents to increase their ability to regulate emotions and behavior.

**Objectives:** After completing this course, participants will be able to:

- Identify at least three features of a replicable model for community art therapy outreach services, which aims to advocate for the relevance and effectiveness of art therapy in community programs and provide valuable educational opportunities for graduate students.
- Identify at least three successful components of a six-week model for a school-based art therapy intervention to provide adolescents with opportunities to increase self-expression and emotional regulation.
- Have an increased understanding of the value of a one-to-one mentoring relationship in community art therapy outreach settings that encourage students of art therapy to develop clinical skills, increase self-awareness and explore an emerging professional identity in a supportive environment with an experienced art therapist.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Lisa R. Furman**, MA, ATR-BC, LCAT, LPC, has worked as an art therapist in psychiatric, educational, and community based programs with children, adults and families in New York and Connecticut for over 20 years. She is an associate professor at Albertus Magnus College in New Haven, CT, an adjunct faculty member in the graduate art therapy program at the School of Visual Arts in Manhattan. **Hope Boeve**, MA, is a second year student in the art therapy program at Albertus Magnus College. She has a master's degree in education and over ten years of experience working with adolescents in a variety of educational and clinical settings. She is also a published author and has served as an assistant in educational research for the Yale Center for Emotional Intelligence.

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**Course Title:** **N-0505 – Military Veteran Counseling at a Technical College: Integrating the Creative Arts**

**Course Description:**  This course highlights student veteran needs when transitioning from the military to the college campus. Current research and the personal experiences of a therapist who started a program for student veterans are included. Also, the outcomes of several creative arts workshops utilized with student veterans is presented.

**Objectives:** After completing this course, participants will be able to:

- List three reasons why having a student veteran focused art therapist/counselor is beneficial for the student veteran population.
- Identify and implement three methods of improving student veteran utilization of art therapy services.
- Describe and evaluate the effectiveness of at least two types of student veteran creative arts workshops.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Rachel Mims**, MS, LPC-I, served in the United States Army for 10.5 years. At Florida State University, she served as the Creative Arts Consultant for the Collegiate Veterans Association, the President of the FSU Art Therapy Association, and helped create the FSU Creative Arts Therapy program which provides free art and music therapy to FSU and Tallahassee Community College students. Rachel currently serves as the Veteran's Counselor at Texas State Technical College in Waco, TX, where she provides mental health counseling, art therapy, and social service support for student veterans.

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**Course Title:** **N-0506 – Welcoming the Stranger: Russian International Students and a Brief Art Therapy Study Program**

**Course Description:**  This course examines the goals and methods of a Brief Art Therapy, Counseling, and Culture Program for students from Russia. Educator considerations regarding creating ethical and sensitive strategies to enhance knowledge and build community among "strangers" are outlined. Student outcomes and art imagery is shared.

**Objectives:** After completing this course, participants will be able to:

- Identify the 3 ethical considerations related to providing educational programs for visiting international students enrolled in a brief art therapy, counseling, and culture program.
- Identify the 3 methods of providing culturally sensitive art-based and group focused strategies to develop community and group cohesion for a group of visiting international students attending a brief art therapy, counseling, and culture study program.
- Identify important roles and relationships between program coordinators, instructors, and international guests that “welcome the stranger” and advance international attendees goals of personal growth, academic, and global understanding.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Barbara Parker-Bell**, MA, MS, PsyD, ATR-BC, is an Associate Professor and Director of the Graduate Art Therapy Program at Florida State University in Tallahassee, FL. She recently completed a Teaching and Research Fulbright Grant in Tomsk, Russian Federation where she taught and studied Art Therapy Development in the Russian Federation. She has a doctorate in clinical psychology from Philadelphia College of Osteopathic Medicine, Philadelphia, PA

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**Course Title:** **0507 – Technology-Facilitated Art Therapy Supervision**

**Course Description:**  This course examines the use of technology in art therapy supervision, including current protocols, recommendations, clinical mandates and advice on keeping up with the changing technological landscape.

**Objectives:** After completing this course, participants will be able to:

- Identify the 4 major considerations that pertain to ethical and legal use of technology in art therapy supervision.
- Identify the current ATCB requirements and accepted criteria pertaining to technology-facilitated art therapy supervision, as well as the 2 mentions of technology in supervision within AATA's Ethical Principles for Art Therapists.
- Identify at least 5 recommendations for art therapists choosing to conduct clinical business using their cellular phones, tablets, or similar electronic devices.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Rachel Brandoff**, MA, ATR-BC, ATCS, LCAT, has a private clinical practice in New York and is the Ethics Chair on the board of the New York Art Therapy Association (NYATA). She teaches art therapy at Marymount Manhattan College, and is the executive coordinator for the Expressive Therapies Summit. **Reina Lombardi**, MA, ATR-BC, LMHC, earned her master's in Expressive Therapy and Mental Health Counseling from Lesley University. She is a registered board certified art therapist, and has experience working with children of all ages and abilities in, both, educational and clinical settings. She is the associate program manager for Art Speak: Expressive Arts and Autism program for the Foundation for Lee County Public Schools. She also provides art therapy services out of a small private practice in Southwest Florida.

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**Course Title:** **0508 – Developing Into Professional Art Therapists: Helping Students Foster Important Qualities During Practicum**

**Course Description:**  This course examines findings from a qualitative study that asked on-site supervisors about important qualities in art therapy practicum students. Practical knowledge in the form of considerations is explored that can initiate poignant discussions in supervision to enhance student growth and provide better preparation towards becoming professional art therapists.

**Objectives:** After completing this course, participants will be able to:

- Identify key qualities that are important for art therapy students to foster during practicum.

- Determine gaps in training that would better prepare students for their practicum.
- Articulate how the practicum experience helps shape art therapy professionalism.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Theresa Van Lith**, PhD, ATR, has recently moved from Melbourne, Australia to commence teaching the Master of Art Therapy program at Florida State University. Theresa has primarily worked in community and acute mental health facilities with her focus on using art therapy as a coping and meaning making tool throughout the mental health recovery process.

**Course Title:** **0509 – Ethical and Practical Considerations in the Provision of Multilevel Supervision from Undergraduate to Post Graduate**

**Course Description:**  This session presents ethical, practical, and professional techniques and applications for those practicing clinical and academic supervision in art therapy. Topics include the provision of undergraduate and graduate fieldwork and academic supervision, onsite supervision, and postgraduate supervision. Consultation and professional support for the provider is also covered.

**Objectives:** After completing this course, participants will be able to:

- Identify with techniques and considerations relevant to the provision of undergraduate, master's level, post-graduate, distance, and studio art based supervision.
- Identify and articulate ethical, practical, self-care and professional considerations necessary for providing academic and post-graduate supervision.
- Utilize personal experience and case study as well as audience participation to demonstrate the importance of consultation and professional support within supervision.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Noel L'Esperance**, DAT, ATR-BC, LPC, received her Master's of Art Therapy and Community Counseling as well as her Doctorate of Art Therapy from Mount Mary University. She holds extensive experience working within the Milwaukee community. Noel has enjoyed collaborating with a diverse group of clients, and has spent time in general family practice, crisis counseling, alternative school settings, and community non-profit organizations. **Kelly Henckel**, DAT, ATR-BC, LPC, is the executive director at The Youth and Family Project in West Bend, Wisconsin and an adjunct faculty member at Mount Mary University in Milwaukee. She also serves as Secretary on the Wisconsin Art Therapy Board of Directors. **Rosemary Pearson**, MSAT, is an art therapist at Women of Worth working with women who are coping with homelessness, severe trauma and addiction. Pearson also teaches and provides undergraduate field supervision in the art therapy department at Alverno College. She currently serves as President of the Wisconsin Art Therapy Association.

**Course Category: A006 – Art Therapy and Ethics**

**Course Title:** **NY-0600 – Ethical Issues in Art Therapy**

**Course Description:** This course provides a study of philosophic, moral, legal and practical questions relevant to the professional practice of art therapy and the larger fields of mental health care and counseling. Attention is given to basic principles of ethical thought and standards that guide art therapy practice and includes an understanding of professional roles and functions, credentialing and regulation that affect the art therapy profession. This course requires access to the book, "Ethical Issues in Art Therapy" by Bruce L. Moon. ***If participants do not already own the book or have access to it from the library, they will need to purchase the book. The purchase price of the book is not included in the course fee. The only learning resource for this course is the book.***

**Objectives:** After completing this course, participants will be able to:

- Articulate understanding of teleological and deontological ethical systems of thought.

- Demonstrate understanding of the discipline for specific ethical issues including: Art therapist responsibility; art therapist competence; moral and legal standards, public statements, confidentiality; client/patient welfare; professional relations; use of client artwork; ownership of client art, and independent practice.

**Continuing Ed.:** 6 Clock Hours of Continuing Education.

**Course Fee:** \$125 for American Art Therapy Association Members, \$201 for Non-Members. **(Purchase price does not include the book).** If participants do not own a copy of the book, below are some suggested retail options with prices ranging from \$39 for paperback to \$55 for hardcover.

Publisher: Charles S. Thomas Publisher, LTD: <http://www.ccthomas.com>

\* Amazon.com: <http://www.amazon.com>

\* Borders: <http://www.borders.com>

\* Barnes & Noble: <http://www.barnesandnoble.com>

*\*You may want to visit GoodSearch to research coupons for various retailers, which may include free shipping! <http://www.goodsearch.com/amazon/coupons>.*

**Course Author:** **Bruce L. Moon**, PhD, ATR-BC, is a professor of art therapy with extensive clinical, administrative, and teaching experience. He is a registered and board certified art therapist who holds a doctorate in creative arts with a specialization in art therapy. Dr. Moon's clinical practice of art therapy, focused on the treatment of emotionally disturbed children, adolescents, and adults has spanned over thirty years. He has lectured and led workshops at many colleges, universities, conferences, and symposia in the U.S. and Canada.

**Course Title:** **0601 – The DO ART Model: An Ethical Decision-Making Model for Art Therapy**

**Course Description:**  This course introduces the DO ART model, an ethical-decision making model specific to the practice of art therapy. The DO ART model incorporates existing ethical literature in the field of art therapy, is appropriate for therapists at all levels, and can be used with a variety of situations.

**Objectives:** After completing this course, participants will be able to:

- Articulate arguments for and against various courses of action in art therapy ethical dilemmas.
- Articulate arguments for and against various courses of action in art therapy ethical dilemmas.
- Apply the DO ART ethical decision-making model to a real-life art therapy scenario and select an ethical course of action.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Jessica Hauck** is a graduate student working on her MA in counseling with a specialization in art therapy. Her clinical interests including combining counseling, writing, and art. Her research interests include examining the efficacy and effectiveness of the use of art in counseling. **Thomson Ling**, PhD, Associate Professor and Chair, strives to create opportunities for individuals to succeed in their careers. His research interests include transitions in academic settings, multicultural and diversity issues, and adolescent development. As a professor, he teaches courses on career counseling, crisis counseling, law and ethics in counseling, and research methods. **Melanie Peters**, BA, is currently a Caldwell University graduate student working towards a degree in Mental Health Counseling and Art Therapy. She enjoys exploring and any kind of art making and is passionate about educating others about the healing benefits of art and learning about the utilization of art with various populations.

### Course Category: A007 – Art Therapy Theory, Practice and Techniques

**Course Title:** **N-0700 and NY-0700 – Altered Books in Art Therapy**

**Course Description:** This course examines how altered books can be used in art therapy. An altered book is a published book that has been changed into a new work of visual art through various art processes such as painting, drawing, collage, writing, and embellishment. Books are discussed as an art canvas on which to provide stimulation, structure, portability, and

increased opportunities for reflection. Altered book making is an option for therapists who are looking for means to provide containment while promoting creativity and self-expression.

- Objectives:** After completing this course, participants will be able to:
- List three characteristics of the art form altered books.
  - Describe how altered books become a personalized portable and compact container of visual information.
  - Cite three clinical considerations when using altered books in art therapy.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Gioia Chilton**, PhD, MA, ATR-BC, is a registered and board certified art therapist, and an artist interested in mixed media and altered art. Gioia is on the faculty of the George Washington University and Marymount University.

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**Course Title:** **N-0701 and NY-0701 – Sidewalk Chalk as a Catalyst for Creativity**

**Course Description:**  The use of sidewalk chalk as a medium holds great therapeutic value to the developing child's creativity and ability to play. The therapeutic, kinesthetic, social/interpersonal, and psychological areas within childhood development can be addressed with the inclusion of sidewalk chalk as a catalyst for creativity. This course explores sidewalk chalk within the aspect of play, provides adaptive techniques and discusses intervention techniques within the school setting.

- Objectives:** After completing this course, participants will be able to:
- Explain the use of sidewalk chalk as a therapeutic medium.
  - Describe three benefits of using sidewalk chalk within the school setting.
  - Apply this knowledge to children within their own community, school, or therapeutic practice.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Deborah Elkis-Abuhoff**, PhD, ATR-BC, LCAT, is an assistant professor in the Creative Arts Therapy program at Hofstra University. She has extensive experience incorporating the use of artwork in the therapeutic process. The focus of her work is to bring art therapy to the medical population. **Morgan Gaydos**, MA, ATR, LCAT, currently works as an Art Therapist for the inpatient chemical dependency program at Nassau University Medical Center, as well as developmentally delayed children in a therapeutic preschool.

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**Course Title:** **N-0702 and NY-0702 – Awakening Awareness: Integrating Vertical and Horizontal Processing via the Expressive Therapies Continuum (ETC)**

**Course Description:**  This course provides participants with information about major types of cerebral processing necessary for making unconscious material available to conscious awareness. The Expressive Therapies Continuum (ETC) is explored as a framework for developing treatment that is consistent with these processes for the purpose of reconciling cognitive/affective/behavioral issues.

- Objectives:** After completing this course, participants will be able to:
- Differentiate between vertical and horizontal information processing as they relate to the integration of thoughts, feelings, and behaviors.
  - Identify the properties of the four levels and six poles of the ETC.
  - Describe how the ETC can be used to developed treatment that promotes vertical as well as horizontal information processing for the purpose of reconciling issues.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Megan L. Van Meter**, MA, LPC-AT, ATR-BC, is the president of the South Texas Art Therapy Association. She has served the Art Therapy Credentials Board as the chair of its certification committee and has served on the boards of the San Diego Art Therapy Association and the North Texas Art Therapy Association. Her clinical interests focus on the

intersection of neuroscience and art therapy. She currently works with emotionally disturbed students through the special education department of the Hays Consolidated Independent School District near Austin, Texas.

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<b>Course Title:</b>	<b>0703 – An Altered Book for an Altered Life</b>
<b>Course Description:</b>	An altered book provides both pictorial and sculptural expression and has the sequential character of a narrative for story-telling. The author shares her own personal altered book of her cancer journey and read excerpts from her written journal to compare visual and verbal creative expression of emotionally-laden material.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Understand and apply the unique characteristics of altered books.</li><li>• Identify specific challenges faced by patients with cancer.</li><li>• Compare the benefits of visual and verbal creative expression to address emotionally laden material.</li></ul>
<b>Continuing Ed.:</b>	1 Clock Hour of Continuing Education.
<b>Course Fee:</b>	\$25 for American Art Therapy Association Members, \$40 for Non-Members.
<b>Course Author:</b>	<b>Harriet Wadeson</b> , PhD, LCSW, ATR-BC, HLM, began her career at NIH in 1961, established and directed the Art Therapy Graduate Program at the University of Illinois for 23 years, published 6 books, 70 papers, and chapters in psychology texts. Honors include Honorary Life Member, of the American Art Therapy Association (AATA), Rush Award from the American Psychiatric Association, Resolution of Commendation from the Illinois Legislature, 1st prize for research from the American Art Therapy Association, 1st prize for art from the Smithsonian Institute, and numerous other art awards. She is an international guest lecturer, was Associate Editor of <i>Art Therapy: Journal of the American Art Therapy Association</i> , a member of AATA Executive Board, and chair of various AATA committees. Currently she teaches at Northwestern University.

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<b>Course Title:</b>	<b>N-0704 and NY-0704 – Hellinger Meets Rhyne: Resolving Past Family Conflicts Now in Addiction Treatment</b>
<b>Course Description:</b>	This course discusses a combining of Rhyne's Gestalt art therapy approach with Hellinger's family constellations, to enhance cognitive and emotional awareness of addictive patterns' origins. Transpersonal aspects of Hellinger's theory of the "Orders of Love" are made visible and concrete in clay for verbal processing and abreaction.
<b>Objectives:</b>	After completing this course, participants will be able to: <ul style="list-style-type: none"><li>• Understand about the effectiveness of the transpersonal family systems theories of Bert Hellinger, PhD.</li><li>• Comprehend Gestalt approaches to safely engage clients in potential space to connect with past emotions.</li><li>• Learn how art's activation of the sensory-haptic brain functions are helpful in treatment of addiction and trauma.</li></ul>
<b>Continuing Ed.:</b>	1.5 Clock Hours of Continuing Education.
<b>Course Fee:</b>	\$37 for American Art Therapy Association Members, \$60 for Non-Members.
<b>Course Author:</b>	<b>Patricia Quinn</b> , MS, LCAT, CASAC, ATR-BC, is an artist and therapist who has offered art therapy privately and in health and educational settings for the elderly, autistic and emotionally challenged, visually handicapped, homeless, and people with addictions and their families. She has administrated agency programs, and lectures frequently on the field of art therapy.

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<b>Course Title:</b>	<b>N-0705 and NY-0705 – The Art of Happiness: Positive Psychology and Art Therapy</b>
<b>Course Description:</b>	Who is happy? Why be happy? Can creative endeavors contribute to happiness, and if so, how? These questions and more are explored through an introduction to Positive Psychology, the science of happiness. Positive psychology seeks to help us identify and build upon character strengths as tools to increase well-being. The connection between

Positive Psychology and art therapy are also explored, and strategies for using creative endeavors to increase engagement, mastery, and flow are shared.

**Objectives:**

Following the completion of this course, participants will be able to:

- List three characteristics of positive psychology.
- List at least three connections between the fields of positive psychology and art therapy.
- Identify three strategies for integrating positive psychology and art therapy into their practice.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:**

**Rebecca Wilkinson**, MA, ATR-BC, is co-founder of Creative Wellbeing Workshops and co-author of *Positive Art Therapy: Envisioning the Intersection of Art Therapy and Positive Psychology*. She teaches Positive Psychology and Art Therapy at George Washington University's Art Therapy Program and she is Coordinator of the Expressive Therapies Program at Washington Adventist Hospital, MD. She also facilitates workshops through Smith Center for Healing Arts in DC for individuals struggling with severe illness, their caregivers, and for healthcare professionals. **Gioia Chilton**, PhD, MA, ATR-BC, is a registered and board certified art therapist, and an artist interested in mixed media and altered art. Gioia is on the faculty of the George Washington University and Marymount University.

**Course Title:**

**NY-0706 - Controlled Chaos: A Non-Directive Approach for Art Therapy Groups**

**Course Description:**



Art therapists may be tempted to guide group process through directives, yet experts encourage growth through unplanned and spontaneous interactions. In the push for evidence-based practices and funding shortages, when are nondirective approaches more appropriate than directive? How can we provide the structure and freedom necessary for therapeutic growth?

**Objectives:**

After completing this course, participants will be able to:

- Name three theoretical founders of non-directive approach as a therapeutic tool.
- Identify Yalom's stages of group development.
- Describe potential benefits and counter-indications for using a non-directive approach in group art therapy sessions.

**Continuing Ed.:**

1 Clock Hour of Continuing Education.

**Course Fee:**

\$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:**

**Einat Metzli**, PhD, ATR-BC, LMFT, holds a Ph.D. in the art therapy from the Florida State University where she wrote her dissertation on resilience and creativity in New Orleans after hurricane Katrina. She is a full time professor at Loyola Marymount University's Marital and Family Therapy in the Modality of Art. Einat has an extensive clinical experience, which includes working at psychiatric hospitals, residential facilities, special education schools, an early intervention center, and an elderly adult facility. **Malissa Morrell**, MA, ATR, LMFT, is a Registered Art Therapist and Licensed Marriage and Family Therapist living and working in Los Angeles. In addition to private practice, she is currently the head of the Artists Program at Children's Hospital Los Angeles, coordinating art, music, dance, and other expressive therapies and arts opportunities in a pediatric setting.

**Course Title:**

**N-0708 and NY-0708 – Hermeneutic Phenomenology in Art Therapy**

**Course Description:**



This course introduces phenomenological hermeneutic methods in art therapy with clients and research participants. Discussion focuses briefly on theory, process and interpretation. Examples show as clients/participants engaged their individual and cultural sensibilities through art experience, hermeneutic reflections led to deeper understanding about anxiety, depression, confusion, stress and adjustment that were previously difficult to grasp or verbalize.

**Objectives:**

After completing this course, participants will gain:

- A basic understanding of hermeneutic phenomenology as a theory and method of interpretation.

- Insights into the aesthetic dimensions of art experience.
- An understanding of suitable counseling methods for those who feel verbally stifled.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Dr. Barbara Davis**, a psychologist and art therapist, is an international member of The American Art Therapy Association. Over recent decades, she has practiced art therapy with mainstream and multicultural populations for anxiety, depression, adjustment, health promotion and personal growth. Barbara currently divides her time between private practice and academia.

**Course Title:** **NY-0709 – Two Brothers, One Heart: Bridging Home & Hospital through a Community of Care**

**Course Description:**  How might integrative Creative Arts Therapy practices function within interdisciplinary care communities to best support the psychosocial vulnerability in siblings of patients facing heart transplant or other serious illness and hospitalization? This course explores the art-and-play-based clinical approaches behind “Bridging Interventions” to support family-and-sibling-centered care in pediatric critical care settings.

**Objectives:** After completing this course, participants will be able to:

- Appraise the psychosocial vulnerabilities of families and siblings coping with transplant or other serious illness and/or prolonged hospital admissions in pediatric, neonatal, inpatient and intensive care settings, particularly within the context of acute pediatric cardiac care.
- Identify the role and impact of a Creative Arts Therapy and Child Life integrative practice model.
- Replicate and utilize “Bridging Interventions” from a patient and family-centered care planning platform.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Lauren Smith**, MPS, ATR-BC, LCAT, CCLS, is a Certified Child Life Specialist at Kravis Children’s Hospital at Mount Sinai Medical Center in NYC, serving patients, families, and caregivers in both inpatient and outpatient settings. Previous clinical training and experience includes: Village Care of New York, a community-based, day treatment program for adults living with HIV/AIDS; Phoenix House, a national drug and alcohol rehabilitation organization; Core Organizer and Director of Community Projects at Arts in Bushwick, an all-volunteer led organization in Brooklyn committed to supporting an integrated and sustainable neighborhood through arts programming, creative accessibility, and community organizing.

**Course Title:** **NY-0710 – Comprehensive Neurorehabilitation-Informed Art Therapy for Clients with Traumatic Brain Injury**

**Course Description:**  This course highlights the ways art therapy can benefit clients with TBI, as well as the variables/considerations that must be integrated into a treatment approach with this population. A comprehensive neurorehabilitation-informed art therapy program is outlined and discussed, and examples of art directives is provided.

**Objectives:** After completing this course, participants will be able to:

- Identify at least three unique considerations that may present in treatment with individuals with TBI.
- Articulate the steps to effective and informed art therapy treatment with individuals with TBI.
- Identify at least 3 directives that can be used to promote engagement and/or socialization with individuals with TBI.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Tori Kline**, MA, CBIS, received her Master of Arts in Art Therapy and Counseling from Drexel University. She currently works at ReMed Recovery Care Center with TBI clients and plans to continue work in the field.

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**Course Title:** **0711 – Mindful Art Therapy**

**Course Description:**  How do mindfulness and art therapy methods complement each other? This course introduces how the basic principles of mindfulness and art therapy overlap and inform practice. Participants will be guided through two experiential mindful art therapy exercises followed by reflective questions. A brief summary of how to mix and match various mindfulness and art therapy methods will be followed by thoughts about how to cultivate a mindful art therapy practice to suit the needs of particular clients and enhance practitioner self-care.

**Objectives:** After completing this course, participants will:

- Gain an understanding of how mindfulness + art therapy inform a mindful art therapy practice.
- Gain experiential insights into two mindful-based art therapy methods.
- Develop skills for cultivating a mindful art therapy practice.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Barbara Davis, PhD** is a psychologist and art therapist, and an international member of The American Art Therapy Association. Over recent decades, she has practiced art therapy with mainstream and multicultural populations for anxiety, depression, adjustment, health promotion and personal growth. Her current interests focus on art therapy and mindfulness and developing creative programs for health and wellbeing.

### **Course Category: A008 – Art Therapy Professional Practice Issues**

**Course Title:** **0801 – Tools of the Trade: Creating a Successful Art Therapy Business**

**Course Description:**  This course explores contemporary issues and current trends in developing a thriving business as an art therapist. The course addresses how to create a successful business via the understanding of a target market and niche marketing. The course also includes how to use our inherent creative problem solving skills as art therapists to identify obstacles and resources, and create professional success. When we have an understanding of our ideal client and their specific needs we can assess whether our identified niche will be a match for that client's needs. Now more than ever there are tremendous opportunities to create programs and services directed at helping transform the lives of others while earning a healthy salary.

**Objectives:** After completing this course, participants will:

- Understand what a successful art therapy business looks like and the importance of shifting roles from “art therapist” to “business person.”
- Understand how to evolve as professionals by exploring the stages of change using the Professional Development Model.
- Identify the terms “niche: and “target market;” understand what they are and why they are important.
- Explore how to use your unique skills as an art therapist to overcome obstacles in building a successful therapy business.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Laura Dessauer**, EdD (ABD), ATR-BC, LCAT, LMHC, is a New York State Licensed Creative Art Therapist and Mental Health Counselor, and a Board Certified Art Therapist with 20 years' experience working with emotionally challenged, developmentally delayed, and at-risk children, adolescents and families. Laura is the founder of Creativity Queen, LLC - winner of the Small Business Award 2007 (SCORE), and the founder of Business Success for Art Therapists.

**Course Title:** NY-0803 – SoulCollage® for Us: How Peer Support Awakened Our Art Therapy Practice

**Course Description:**  Five art therapists began a group to continue the SoulCollage® process for persona exploration. An awakening of inspiration followed over the next three years, moving from personal to professional. Panelists discuss how through peer support and facilitation training, they developed, in partnership and individually, SoulCollage® groups in their communities.

**Objectives:** After completing this course, participants will:

- Learn how the SoulCollage® process can initiate and build a peer support group.
- Understand how this peer support inspired group members to bring SoulCollage® as a practice to other populations.
- Be able to describe at least three settings in which SoulCollage® was used successfully and benefits with these specific populations.

**Continuing Ed.:** 1.5 Clock Hours of Continuing Education.

**Course Fee:** \$37 for American Art Therapy Association Members, \$60 for Non-Members.

**Course Authors:** **Lisa Cresson**, MA, MFT, ATR, specializes in treating adolescents, families and adults struggling with substance abuse and addictions. She is currently in private practice in Half Moon Bay, CA. **Sarah Kremer**, MAAT, ATR-BC, is a youth mentoring specialist, art therapist, and artist based in the San Francisco Bay Area. She received her M.A.A.T. from The School of the Art Institute of Chicago. As Program Director of a youth mentoring training program, she has conducted nearly 100 trainings and workshops. Previous work focused on adolescents in psychiatric care, day treatment, dance camps, and juvenile probation. **Lauren Owenmark**, MAAT, ATR-BC, LPC, is an artist, art therapist, art educator, trained SoulCollage® facilitator and partner of Art-in-Mind. She received her MAAT from the Art Institute of Chicago. Lauren also holds an art education certification. She has 14 years of experience working with special needs children. More recently, Lauren has been consulting and working as a full-time mother. **Amy Rogers**, MA, ATR-BC, MFT, is a graduate of the art therapy program at Notre Dame de Namur University. Amy's experience lies mostly with youth who are emotionally disturbed from group homes to school-based day treatments. Amy is also a trained SoulCollage® facilitator and conduct SoulCollage® groups and introductions throughout Northern California. She is currently the President of NorCATA and the Training Manager for Fred Finch Youth Center in Oakland, CA. **Beth VanDusen**, MPS, is an artist, art therapist and trained SoulCollage® facilitator living in San Francisco, CA. She earned her Master's degree in Art Therapy from Pratt Institute in 2004, and is close to receiving her ATR. She currently works as an Art Therapist for John Muir Behavioral Health Center in Concord, CA.

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**Course Title:** NY-0804 - Quality of Art Therapy: Focusing on Caseloads and Redefining Services

**Course Description:**  Sustainability and growth in the field of art therapy is necessary. Defining services, as well as restructuring caseloads are essential to providing quality art therapy services. Transformations occur when professionals make a choice to creatively problem-solve the burn-out aspects of their art therapy positions.

**Objectives:** After completing this course, participants will be able to:

- Identify three characteristics of a therapeutic school setting.
- Articulate some of the challenges an art therapist faces while in a school setting.
- Identify three potential solutions for organizing an art therapy case load.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Maia Wheeler**, MAAT, received her undergraduate degree in Psychology from Spelman College and her graduate degree in Art Therapy from The School of The Art Institute of Chicago. She began working with children diagnosed with autism in a private practice setting, assisting a Pediatric Occupational Therapist with listening-therapy. She then wrote her graduate thesis based on her experiences and subsequently started working at Easter Seals Therapeutic School and Center for Autism Research in September of 2007.

**Course Title:** 0807 – An Artist’s Life Informs Art Therapists

**Course Description:**  A biographical study of Louise Nevelson reveals her search for identity through art-making and belief in the importance of creativity in everyone’s life. Like many art therapy clients, Nevelson, began to draw and discovered in the process her unique self, capacity for original thinking, and expression of significant emotions.

**Objectives:** After completing this course, participants will be able to:

- Identify three factors in Louise Nevelson's life that are common with most art therapy clients.
- Recognize the value for art therapists of studying the life and work of an individual artist.
- Identify three ways in which Louise Nevelson’s art-making was healing for her.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Laurie Wilson**, PhD, LP, ATR-BC, HLM, is Professor Emerita and Former Director of NYU's Graduate Art Therapy Program. She is currently the Clinical Associate Professor of Psychiatry at The Institute for Psychoanalytic Education Affiliated with NYU School of Medicine. She practices in New York City and has published widely in three fields: art therapy, art history, and psychoanalysis. Her books include: *Alberto Giacometti: Myth, Magic and the Man* (Yale, 2003) and a forthcoming book on Louise Nevelson.

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**Course Title:** NY-0808 – Art Therapy and Behavioral Health: Exploring the Continuum of Practice

**Course Description:**  US healthcare changes require increased wellness and prevention services in addition to therapy. Despite art therapy’s diverse traditions, the field has frequently defined itself within a clinical context. The behavioral health perspective highlights various healthcare delivery models in which art therapists can demonstrate their relevance and efficacy.

**Objectives:** After completing this course, participants will be able to:

- Define behavioral health service delivery models.
- Describe the intersection of behavioral health and art therapy.
- Identify wellness and prevention oriented approaches to art therapy.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Jordan S. Potash**, PhD, ATR-BC, REAT, LCAT (NY), LCPAT (MD), is an Assistant Professor in the Art Therapy Program at The George Washington University. He focuses on social change, community development, and cross-cultural relationships.

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**Course Title:** NY-0809 – Integrating Art, Imagination and Art Therapy Professionalism as Sources of Knowledge

**Course Description:**  In light of recent Art Based Research literature, this course encourages art therapists to employ their expertise in using the imagination and the arts as vehicles for gaining new insights, not only with their patients but also in their own daily work and research.

**Objectives:** After completing this course, participants will be able to:

- Describe how art and imagination may be integrated with science and logic in their professional art therapy work.
- Describe two recent developments in Art Based Research literature.
- Articulate the relevance of Art Based Research to art therapists’ day-to-day work.

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Author:** **Dafna Moriya**, PhD, is an art therapist, artist, researcher, and founder of the Multidisciplinary Center for Art Based Research, Israel. She authored *Art Therapy in Schools Effective Integration of Art Therapists in Schools* ([www.art-therapy.co.il](http://www.art-therapy.co.il)) and published an artist’s book, *Transitional Space #1* ([www.moriya.co.il](http://www.moriya.co.il)). She speaks, presents and offers workshops internationally.

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**Course Title:** N-0811 – There Are No Mistakes: Our Journey Growing an Art Therapy Organization

**Course Description:**  This panel discusses a small, non-profit art therapy organization from founding to present day, and will serve as a guide and inspiration for individuals considering starting this type of organization. We look forward to sharing what has worked, and what has not worked in our community!

**Objectives:** After completing this course, participants will be able to:

- Identify 3 key components to this agency’s model for the growth and sustainability of a non-profit art therapy organization.
- Identify specific examples of what has worked and what to avoid in building a non-profit art therapy organization.
- Learn 3 ways to develop programs for the local community and how to seek sponsored funding.

**Continuing Ed.:** 1.5 Clock Hours of Continuing Education.

**Course Fee:** \$37 for American Art Therapy Association Members, \$60 for Non-Members.

**Course Author:** **Heidi Tournoux-Hanshaw**, MA, ATR-BC, LPC-AT/S, is a licensed professional counselor with art therapy and supervisor status, as well as a board certified art therapist who focuses on the treatment of children and families. She received her training at Antioch University in Seattle and has been with The Art Station for the past 6 years. **Jennifer Johnson**, MS, LPC-S, LMFT-S, has master’s degree in Psychology with a specialization in Marriage and Family Therapy and is a Licensed Professional Counselor and Licensed Marriage and Family Therapist in Texas. A practicing therapist for over 15 years, she has spent the past 10 years with The Art Station. **Anne Briggs**, MPS, MS, LPC, earned her master’s degree in Counseling Psychology and is a Licensed Professional Counselor, in practice for 3 years. She recently completed a second master’s degree in Art Therapy and Creativity Development at Pratt Institute in Brooklyn and is working toward her ATR and LPC-AT credentials. **Whitney McLean**, MS, ATR-BC, LPC Intern, earned her master’s degree in Art Therapy from Florida State University as is an ATR-BC who has practiced both nationally and internationally over the past 8 years. She is currently working toward licensure as an LPC-AT in Texas. **Jane Avila**, ATR-BC, MSSW, LCSW, is a licensed clinical social worker and board certified art therapist with nearly 20 years of experience helping children and adults in a variety of mental health settings. She worked as a therapist at Cook Children’s Medical Center before founding The Art Station, a non-profit art therapy agency. **Peggy Marshall**, CEO of The Art Station, is responsible for strategic planning, capacity building, financial oversight, leadership and community outreach. Her experience includes nonprofits and businesses. A graduate of Texas Christian University with a BS in Journalism/Public Relations/Advertising, she earned a Certificate in Nonprofit Management at Center of Nonprofit Management.

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**Course Title:** 0812 – Just 30 Minutes: Exploring Professional and Artist Identities through Art Meditation

**Course Description:**  This course explores the art meditation practices, imagery, and lived experiences of two art therapists creating art for just 30 minutes a day. Rediscovering the dual identity of artist and clinician through active creative engagement led to creating community space to bring mindfulness-focused, self-guided art making into the mainstream.

**Objectives:** After completing this course, participants will be able to:

- Describe and define “Just 30 Minutes,” an artmaking meditation process.
- Describe ways that personal artmaking can inform professional identity.
- Identify personal obstacles for developing an ongoing art making practice, and brainstorm ways to engage in “Just 30 Minutes.”

**Continuing Ed.:** 1 Clock Hour of Continuing Education.

**Course Fee:** \$25 for American Art Therapy Association Members, \$40 for Non-Members.

**Course Authors:** **Jessica Drass**, MA, is a graduate of Drexel University and an art therapist at a DBT-based women’s trauma hospital program. She spent 7 years as a high school art teacher and has a master’s in School Psychology. She also owns a mobile community

art studio, Wise Mind Creations. **Michele Rattigan**, MA, ATR-BC, NCC, LPC, is an artist, art therapist, guest lecturer, national presenter, ATR supervisor, and clinical professor of art therapy. She received her BA of Fine Arts in Painting & Drawing and Certificate of Concentration in Art Therapy from the University of the Arts in Philadelphia, PA in 1994. In 1996 she graduated from MCP-Hahnemann University (now Drexel University) with her MA of Art in Art Therapy. She maintains a private practice in Woodstown, NJ.

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